

WEEKLY NEWSLETTER

JFEbruary 6, 2024



1.



SCHOOL COUNSELORS LIGHT UP OUR LIVES!

Light up our schools in honor of School Counseling Week

Wear bright colors tomorrow to show our appreciation and thank our counselors for all they do!



PLEASE JOIN US IN RECOGNIZING OUR AMAZING SCHOOL COUNSELORS DURING NATIONAL SCHOOL COUNSELING WEEK, FEBRUARY 5-9, 2024.

STUDENTS ARE ASKED TO WEAR BRIGHT COLORS ON WEDNESDAY, FEBRUARY 7, 2024 TO SHOW OUR

COUNSELORS HOW THANKFUL WE ARE TO HAVE THEM LIGHT UP OUR LIVES! WE THANK OUR COUNSELORS FOR THEIR DEDICATION TO OUR

STUDENTS AND FAMILIES:

MRS. PIERNIK, MS. COPMAN, MRS. FAHY,
MRS. NOLAN, MS. TOTO, MR. AUSTIN

AMERICAN HEART ASSOCIATION & NJHS

2.



OUR SCHOOL'S AMERICAN HEART ASSOCIATION KIDS HEART CHALLENGE IS IN FULL SWING! TO DATE, **10 STUDENTS** HAVE REGISTERED AND JOINED OUR SCHOOL TEAM. ONCE HALF THE STUDENTS IN OUR SCHOOL REGISTER AND WE RAISE AT LEAST \$1,000 FOR THE AHA, WE WILL EARN AN EXTRA \$500 TO SHOP FOR WELLNESS AND PE EQUIPMENT FOR OUR SCHOOL! BY REGISTERING, YOU CAN ALSO HELP YOUR CLASS WIN THE CLASSROOM CHALLENGE. ALL STUDENTS WILL RECEIVE A HEART HERO WRISTBAND JUST FOR REGISTERING. TO ADD TO THE FUN, THE TOP 3 CLASSES WITH THE HIGHEST % OF STUDENTS REGISTERING WILL RECEIVE VINTAGE HEART HERO KEYCHAINS FOR EACH STUDENT! THE CLASS WITH THE HIGHEST % OF STUDENTS REGISTERING AND DONATING WILL ALSO EARN A \$50 AMAZON GIFT CARD FOR THE CLASS!

GO TO WWW.HEART.ORG/SCHOOLS OR DOWNLOAD THE FREE "AHA SCHOOLS" APP TO JOIN OUR SCHOOL TEAM TODAY!





NOTEWORTHY



Important Nurse Medical Updates click [here](#)

Class of 2024 - Order your Graduation robes [here](#)

Save the Date for the Drama Club's production of [The Little Mermaid](#)

Order your Yearbook [here](#)
Yearbook ID: 10370024

Females in STEM event at High Tech High School [info](#)



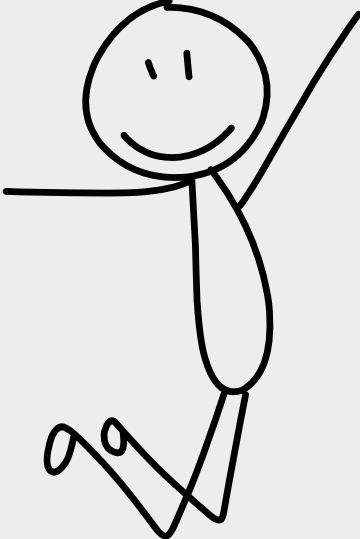
[SGA Coat Drive Info](#)



[Upcoming Coffee Chat Flier - 2/22](#)

4.

DAWG DATES TO SAVE



Wear red every Friday in February in honor of the AHA Campaign

2/7 - Wear bright colors to Light up our Schools for our Counselors

2/8 - FD Club & Sports Yearbook Pictures; Parent Academy on Class Placement; REA Family Fun Night

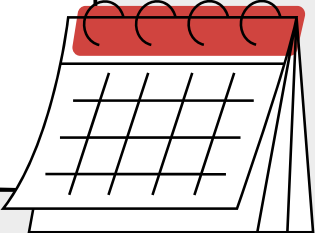
2/12 & 2/13 - School Closed

2/14 - Valentine Celebrations Gr 4,5

2/22 - Boomer Bingo sign up [here](#); Counselor Coffee Chat

2/24 - Gr 8 Pancake Breakfast

2/25 - REF Dance with your Darling



FOR MORE, VISIT THE VIRTUAL BACKPACK

<https://www.rumsonschool.org/rumson/Forrestdale/>