

WEEKLY NEWSLETTER

FEBRUARY 27, 2024



1.



AMERICAN HEART ASSOCIATION UPDATES

THIS IS THE **LAST CHANCE** TO REGISTER FOR FINN'S MISSION AND DONATE TO THE AMERICAN HEART ASSOCIATION! AS A SPECIAL INCENTIVE, ANYONE WHO DONATES FROM TODAY THROUGH MARCH 1ST, WILL BE ENTERED INTO A RAFFLE TO BE SELECTED FOR A SPECIAL SURPRISE AT THE FORRESTDALE PEP RALLY NEXT MONDAY! ALL STUDENTS WHO MADE DONATIONS THUS FAR WILL ALSO BE RECOGNIZED IN A SPECIAL WAY.

WE WILL ALSO HOST A GRADE LEVEL PENNY WARS... SO CHECK THE LAUNDRY AND COUCHES FOR LOOSE CHANGE! STARTING TOMORROW IN LUNCHES, STUDENTS CAN DROP THEIR CHANGE INTO THEIR GRADE LEVEL BINS FOR THE AMERICAN HEART ASSOCIATION. THE GRADE LEVEL THAT WINS WILL BE ANNOUNCED AT THE PEP RALLY ON MONDAY!

SCAN THE QR CODE TO JOIN OUR SCHOOL TEAM TODAY! COMPLETE FINN'S MISSION TO RECEIVE A SLOW-RISE BALL AND TAKE AN IMPOSSIBLE SHOT. YOU WILL ALSO BE ENTERED INTO A DRAWING FOR 2 TICKETS TO SUPE BOWL LIX IN 2025!

GO TO WWW.HEART.ORG/SCHOOLS OR DOWNLOAD THE FREE "AHA SCHOOLS" APP TO JOIN OUR SCHOOL TEAM TODAY!



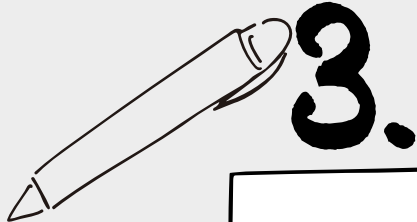
2.

CLASS OF 2024 UPDATES

ORDER YOUR GRADUATION ROBES [HERE](#)

RFH HS SCHEDULING APPOINTMENTS ARE MARCH 4TH & 5TH IN THE RUMSON MPR. PLEASE REFERENCE YOUR LETTER FOR YOUR ASSIGNED DATE & TIME. IF YOU HAVE NOT REGISTERED AS A STUDENT FOR RFH, PLEASE DO SO PRIOR TO YOUR APPOINTMENT.

SAVE THE DATE FOR MEET THE COACHES NIGHT AT RFH HS - JUNE 5TH @ 6 PM



3.

NOTEWORTHY

The RFH STEM and Health Care Career Clubs are hosting a Career Event on Thursday, March 7 at 6:30 pm for current 7th & 8th graders. Sign up for the RFH STEM Career Event by clicking [here](#).

Important Nurse Medical Updates - Norovirus aka "Stomach Bug" is on the rise in the northeast right now. Click [here](#) to learn more.

Join us for the Drama Club's production of [The Little Mermaid](#) Tickets can be purchased on [mypaymentsplus](#)

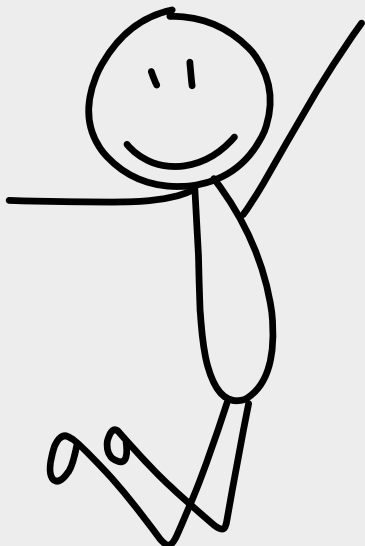


Order your Yearbook [here](#)
Yearbook ID: 10370024

Females in STEM event at High Tech High School [info](#)

DAWG DATES TO SAVE

3.



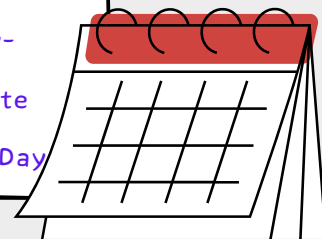
2/26 Ticket Sales begin FD/Holy Cross Game
2/26-Gr 8 and teams
2/27-Gr. 7
2/28-Gr. 6
2/29-Gr 5
3/1-Gr 4

Tickets are \$10 (checks to Rumson BOE)

3/5- FD/Holy Cross Game 6pm girls/7:30 Boys
3/6- Tri-District Music Festival

Spirit Week 2024

Monday, March 4th- Jersey Day or Favorite Sport/Team Shirt (Pep Rally Day!)
Tuesday, March 5th- Purple/Bulldog Pride Day (Let's Get Ready for the big game!)
Wednesday, March 6th - Americana Day- Wear Red, White and Blue
Thursday, March 7th - Tie Dye or Favorite Pattern Day
Friday, March 8th - Comfy Clothes or PJ Day



FOR MORE, VISIT THE VIRTUAL BACKPACK

<https://www.rumsonschool.org/rumson/Forrestdale/>