| QUANTITY/PORTIONS |  |  | INGREDIENTS |
| :---: | :---: | :---: | :---: |
| $\underline{25}$ | 50 | 100 |  |
| 25 each | 50 each | 100 each | 4 oz. bagels, cut in half crosswise |
| $1 / 2$ cup | 1 cup | 2 cups | Seasoned vegetable oil |
| 1 \#10 can | 2 \#10 cans | 4 \#10 cans | Pizza sauce, Don Pepino |
| $3 \mathrm{lb} .+2 \mathrm{oz}$. | $6 \mathrm{lb} .+4 \mathrm{oz}$. | $12 \mathrm{lb} .+8 \mathrm{oz}$. | Mozzarella cheese, part skim, shredded, Commodity |
| $31 / 8 \mathrm{tsp}$. | $61 / 4$ tsp. | $121 / 2 \mathrm{tsp}$. | Oregano, dried |
| As Needed | As Needed | As Needed | Vegetable cooking spray |

## METHOD

STEP 1
Brush the cut surface side of bagel half with about $1 / 2 \mathrm{tsp}$. seasoned vegetable oil.

## STEP 2

Ladle ${ }^{1 / 4}$ cup pizza sauce onto each bagel half over the oil and spread evenly over the surface of the bagel.

## STEP 3

Spread 1 oz. ( $1 / 4$ cup) shredded cheese evenly over each bagel half.

## STEP 4

Sprinkle $1 / 8$ tsp. oregano over each bagel half.

## COMPONENTS PER PORTION

4.4 servings of bread/grains, 2 oz. meat/meat alternate, $1 / 2$ cup vegetables

| NUTRIENT |  |
| :--- | :---: |
|  | Amount per Serving |
| Calories |  |
| Protein | 423 |
| Carbohydrates | 21.35 g |
| Fat-total | 38.25 g |
| Saturated Fat | 18.72 g |
| Cholesterol | 6.70 g |
| Vitamin A (RE) | 33 mg |
| Vitamin C | 263 RE |
| Iron | 32.46 mg |
| Calcium | 1.74 mg |
| Sodium | 420.66 mg |
| Fiber | 1235 mg |
| \% Protein | 1.89 g |
| \% Carbohydrate | 20.20 |
| \% Total Fat | 36.18 |
| \% Saturated Fat | 39.85 |
|  | 14.26 |

## STEP 5

Placed finished pizzas on sheet pans that have been sprayed lightly with vegetable cooking spray.

## STEP 5

Place pans in 375 degree ovens and bake for approximately 7 - 10 minutes until cheese is melted.

## STEP 2

$\frac{1 \text { portion }}{}=2$ each (2 topped bagel halves)

## Recipe Variation A

For Pepperoni Pizza Bagels:
Add 3 thin slices of pepperoni to each topped steak roll half. Nutrients per serving: 475 calories, 46 mg cholesterol, 1412 mg sodium, 1.89 g fiber, 1.88 mg iron, 420.66 mg calcium, 263 RE Vitamin A, 32.46 mg Vitamin C, 23.22 g protein (19.54\%), 38.25 g carbohydrates ( $32.18 \%$ ), 23.60 g fat ( $44.68 \%$ ), 8.95 g saturated fat (16.94\%). Components per portion: 4.4 bread/grains, $21 / 4 \mathrm{meat} / \mathrm{meat}$ alternate. Cost per portion: $\$ 0.28$ ( $\$ 0.58$ if cheese is purchased).


## Pizza Wraps Variations (P-147)

| Variation | Ingredient Modifications | Nutrients |  |  |  |  |  |  |  |  |  |  |  | Components |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cal. | $\begin{aligned} & \text { Chol } \\ & \text { (mg) } \end{aligned}$ | $\begin{aligned} & \text { Sod- } \\ & \text { ium } \\ & \text { (mg) } \end{aligned}$ | Fiber <br> (g) | $\begin{aligned} & \text { Iron } \\ & \text { (mg) } \end{aligned}$ | $\begin{aligned} & \hline \text { Calc } \\ & \text {-ium } \\ & (\mathrm{mg}) \end{aligned}$ | $\begin{aligned} & \hline \text { Vit. } \\ & \text { A } \\ & \text { (RE) } \end{aligned}$ | $\begin{aligned} & \hline \text { Vit. } \\ & \text { C } \\ & \text { (mg) } \end{aligned}$ | Pro- tein (g) | $\begin{aligned} & \text { Carb } \\ & \text { (g) } \end{aligned}$ | Fat <br> (g) | $\begin{aligned} & \text { Sat. } \\ & \text { Fat. } \\ & \text { (g) } \end{aligned}$ |  |
| A. Pepperoni pizza wraps | Decrease cheese in each wrap to $21 / 2 \mathrm{oz}$. Add $1 / 2$ oz. of pepperoni to each wrap. | 665 | 65 | 1719 | 5.06 | 4.80 | 548 | 184 | 8.1 | 30.6 | 65.1 | 31.5 | 13.4 | 3 bread/grains, 3 oz. meat/meat alternate, $1 / 3$ cup vegetables |
| B. Sausage pizza wraps | Decrease cheese in each wrap to $21 / 2 \mathrm{oz}$. Add $1 / 2 \mathrm{oz}$. of sausage to each wrap. | 615 | 58 | 1479 | 5.06 | 4.55 | 555 | 184 | 8.6 | 30.7 | 65.6 | 25.6 | 10.3 | 3 bread/grains, 3 oz. meat/meat alternate, $1 / 3$ cup vegetables |
| C. Ham pizza wraps | Decrease cheese in each wrap to $21 / 2 \mathrm{oz}$. Add $1 / 2$ oz. of ham to each wrap. | 553 | 50 | 1562 | 5.06 | 4.52 | 723 | 184 | 8.1 | 29.9 | 65.4 | 19.3 | 7.93 | 3 bread/grains, 3 oz. meat/meat alternate, $1 / 3$ cup vegetables |
| D. Broccoli pizza wraps | Decrease cheese in each wrap to $21 / 2 \mathrm{oz}$. Add $1 / 4$ cup of steamed broccoli to each wrap. | 534 | 36 | 1227 | 6.23 | 4.44 | 570 | 265 | 30.1 | 26.1 | 67.0 | 18.4 | 7.75 | 3 bread/grains, 2.5 oz. meat/meat alternate, $1 / 2$ cup vegetables |


| 007148 - Cheese Pizza |  |  |
| :---: | :---: | :---: |
| Source: P-120 |  |  |
| Number of Portions: 6 | Grain/Bread 0 SRV. |  |
| Size of Portion: 1 Slice | F/V/J 0 Cup <br> Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: Fresh Baked Cheese Pizza |  |  |
| 2nd Alternate Menu Name: Homemade Cheese |  |  |
| Pizza |  |  |
| 993377 Pizza crust, Schwan's Proof Perfect 16" sheet. 000064 Don Pepino's pizza sauce. 001028 CHEESE,MOZZARELLA,PART SKIM MILK. 004318 OIL,VEG,TYPE B-COMMOD. 090019 OREGANO LEAVES,DRIED.. | $\begin{aligned} & 1 \text { (1 crust) } \\ & 8 \mathrm{OZ} \\ & 12 \mathrm{OZ} \\ & 1 / 2 \mathrm{TSP} \\ & 1 \text { TSP } \end{aligned}$ | Method: For Each Pizza- <br> STEP 1 <br> Remove desired number of pizza dough rounds from the freezer. Place on prepared screens or pans Spray the entire surface of each dough including the edges with seasoned oil (1/2 oz. per dough). <br> STEP 2 <br> Place an 8 oz. ladle (1 cup) of pizza sauce in the center of the pizza. Using the back of the ladle spread the sauce within $1 / 4$ " of the rim of the pizza in a circular motion. <br> STEP 3 <br> Weigh out 12 oz . cheese and place all of it in the center of the pizza. Using both hands evenly distribute the cheese by gently moving it with your fingers to within $1 / 4$ inch of the dough's edge. <br> STEP 4 <br> Place the finished pizza in a pre -heated 375 degree convection oven for 7-10 minutes. After first 3 minutes check the pizza. The pizza should be crispy and brown on the bottom and edges and the cheese should be pale and well melted. |

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Adjust the oven temperature down and leave the pizza in longer if the cheese has melted and browned but the crust is still doughy.

## STEP 5

Remove the pizza from the oven. Allow to set one minute. Cut into 8 slices and serve immediately.

CCP: Hold for hot service at $140^{\circ} \mathrm{F}$ or higher.
Subrecipe for Seasoned Oil:
Ingredient Weight or Measure
2 cups Vegetable oil
4 Tablespoons Granulated garlic
2 tsp. Basil leaf, dried
2 tsp. Oregano leaf, dried
4 Tablespoons Parsley, dried
1 tsp. Salt
1 tsp. Black pepper

Method:

## STEP 1

Put all ingredients in a mixing bowl. Whisk thoroughly to combine.

STEP 2
Pour vegetable oil mixture in a labeled squeeze bottle.

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| Calories | 418 |  | Iron | 3.19 | Mg | Protein | 21.13 | G | 20.23\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 36 | Mg | Calcium | 447 | Mg | Carbohydrates | 48.39 | G | 46.33\% | Calories from Carb |
| Sodium | 992 | Mg | Vitamin A | 525 | IU | Total Fat | 13.50 | G | 29.07\% | Calories from T Fat |
| Dietary Fiber | 3.39 | G | Vitamin C | 9.5 | Mg | Saturated Fat | 5.79 | G | 12.48\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

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| 007114-Pizza, pepperoni, 6-cut, PP |
| :--- |
| Source: P-120A |
| Number of Portions: 6 |
| Size of Portion: 1 Slice |
| Alternate Menu Name: |
| 2nd Alternate Menu Name:Fresh Baked Pepperoni <br> Pizza |

Meat/Alt 2 oz.
Grain/Bread 4.8 SRV
F/V/J 0.125 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet...... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING...................... | $11 / 2$ OZ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 007057 PEPPERONI,PORK,BEEF. | $\begin{aligned} & 12 \mathrm{OZ} \\ & 2 \mathrm{OZ} \end{aligned}$ | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with 2 oz . sliced pepperoni. Distribute evenly. |

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| 007109-Pizza, ham, 6-cut, PP |  |
| :--- | :--- |
| Source: P-120D |  |
| Number of Portions: 6 |  |
| Size of Portion: 1 Slice |  |$\quad$| Alternate Menu Name: | Homemade Ham <br> Pizza |
| :--- | :--- |
| 2nd Alternate Menu Name: | Fresh Baked Pizza <br> w/ Ham |

Meat/Alt 2 oz.
Grain/Bread 4.8 SRV
F/V/J 0.125 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2$ OZ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4^{\prime \prime}$ of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 990006 TURKEY HAM,CURED THIGH MEAT. | $\begin{aligned} & 12 \mathrm{OZ} \\ & 2 \mathrm{OZ} \end{aligned}$ | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with 2 oz . diced turkey ham. Distribute evenly. |

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| 007121 - Pizza,Mexican,6cut,, PP |  |  |
| :---: | :---: | :---: |
| Source: P-120E |  |  |
| Number of Portions: 6 |  |  |
| Size of Portion: 1 Slice | F/V/J 0.125 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: Homemade Mexican |  |  |
|  |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Mexican } \\ & \\ & \text { Pizza }\end{aligned}$ |  |  |
|  |  |  |
| 000154 vegetable cooking spray. | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves |
|  |  | when preparing ready-to-eat foods. |
|  |  | To make each pizza: |
|  |  | STEP 1 |
|  |  | Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16 " sheet....... | 1 (1 crust) | STEP 2 |
|  |  | Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 001009 CHEESE,CHEDDAR. <br> 075076 TOMATOES,FRESH,RED RIPE. 011333 PEPPERS,SWEET,GREEN,RAW. 009193 OLIVES,RIPE,CND (SMALL-EXTRA LRG) 050152 Mexican Seasoning Mix. | $\begin{aligned} & 6 \text { OZ } \\ & 6 \text { OZ } \\ & 1 / 3 \text { CUP, chopped } \\ & 1 / 3 \text { CUP, chopped } \\ & 1 / 3 \text { CUP } \\ & 1 / 2 \text { TSP } \end{aligned}$ | STEP 4 |
|  |  | Place 6 oz. each of shredded mozzarella and cheddar cheese in |
|  |  |  |
|  |  | cheese to within $1 / 4$ inch of the dough's edge. |
|  |  |  |
|  |  | Add diced tomatoes, peppers, and onions (seasoned with Mexican seasoning.) |

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|  | STEP 5 <br> BAKE: Use guidelines below. Bake by sight. Check pizza half way during baking cycle. Bake until cheese melts and crust turns golden brown. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees F for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees or 5-7 minutes OR 400 degrees $F$ for 8-9 minutes. <br> Conventional Oven- 450 degrees $F$ for 12-15 minutes OR 400 degrees F for 20-23 minutes. <br> STEP 6 <br> Remove the pizza from the oven. Allow to set one minute. Cut into 6 slices and serve immediately OR, <br> CCP: Hold for hot service at $140^{\circ} \mathrm{F}$ or higher. |
| :---: | :---: |
|  | Subrecipe for Seasoned Oil: <br> (makes 2 cups- enough for about 10 pizzas): <br> Method: Put all ingredients in a mixing bowl. Whisk thoroughly to combine. Pour into a labeled squeeze bottle or keep in a covered labeled container. |


| Calories | 571 |  | Iron | 4.01 | Mg | Protein | 22.98 | G | 16.09\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 45 | Mg | Calcium | 448 | Mg | Carbohydrates | 56.37 | G | 39.46\% | Calories from Carb |
| Sodium | 758 | Mg | Vitamin A | 602 | IU | Total Fat | 27.16 | G | 42.77\% | Calories from T Fat |
| Dietary Fiber | 3.76 | G | Vitamin C | 13.7 | Mg | Saturated Fat | 12.79 | G | 20.15\% | Calories from S Fat |

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| 090019 OREGANO LEAVES,DRIED. | ................... | 1 TSP |  | STEP 6 <br> Sprinkle oregano ove <br> STEP 7 <br> BAKE: Use guideline way during baking cy golden brown. Adjus <br> Convection Oven- 37 <br> Conveyor (Impinger) degrees $F$ for 8-9 m <br> Conventional Ovendegrees F for 20-23 <br> STEP 8 <br> Remove the pizza fro into 6 slices and serv <br> CCP: Hold for hot se <br> Subrecipe for Seas (makes 2 cups- enou <br> Ingredient 2 cups <br> 4 Tablespoons <br> 2 tsp. <br> 2 tsp. <br> 4 Tablespoons 1 tsp. <br> 1 tsp. <br> Method: Put all ingre combine. Pour into a labeled container. | of the finish <br> Bake by si until chee temperatu <br> F for 7-1 <br> 00 degree <br> ees F for 12 <br> n. Allow to ately OR, <br> $40^{\circ} \mathrm{F}$ or hig <br> ut 10 pizz <br> easure <br> arlic <br> ed <br> dried <br> mixing bo queeze bo | shed pizza. <br> sight. Check pizza half ese melts and crust turns ture accordingly. <br> -10 minutes. <br> es or 5-7 minutes OR 400 <br> 12-15 minutes OR 400 <br> to set one minute. Cut <br> igher. <br> zas): <br> bowl. Whisk thoroughly to bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 549 | Iron | 4.19 Mg | Protein | 23.94 G | 17.45\% | Calories from Prot |
| Cholesterol 31 Mg | Calcium | 448 Mg | Carbohydrates | 60.32 G | 43.96\% | Calories from Carb |
| Sodium 831 Mg | Vitamin A | 536 IU | Total Fat | 22.63 G | 37.11\% | Calories from T Fat |
| Dietary Fiber 4.42 G | Vitamin C | 28.3 Mg | Saturated Fat | 10.31 G | 16.90\% | Calories from S Fat |

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| 007113 - Pizza, Mushroom, 6cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-120G | Meat/Alt 2 oz. <br> Grain/Bread 4.8 SRV. |  |
| Number of Portions: 6 |  |  |
| Size of Portion: 1 Slice | F/V/J 0.33 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: $\begin{aligned} & \text { Homemade Mushroom } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: $\begin{gathered}\text { Fresh Baked Mushroom } \\ \text { Pizza }\end{gathered}$ |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866.......................... | 1 CUP | STEP 4 <br> Place an 8 oz . ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 990097 MUSHROOMS,FRESH 285196. | $\begin{aligned} & 12 \mathrm{OZ} \\ & 1 \mathrm{CUP}, \text { pieces } \end{aligned}$ | STEP 5 <br> Place 12 oz. of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4 /$ inch of the dough's edge. <br> Top with 1 cup fresh mushroom slices. |

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| 090019 OREGANO LEAVES,DRIED. | ................... | 1 TSP |  | STEP 6 <br> Sprinkle oregano ove <br> STEP 7 <br> BAKE: Use guidelin way during baking cy golden brown. Adjus <br> Convection Oven- <br> Conveyor (Impinge degrees $F$ for 8-9 m <br> Conventional Oven degrees $F$ for 20-23 <br> STEP 8 <br> Remove the pizza from into 6 slices and serv <br> CCP: Hold for hot s <br> Subrecipe for Seas (makes 2 cups- enou <br> Ingredient <br> 2 cups <br> 4 Tablespoons <br> 2 tsp. <br> 2 tsp. <br> 4 Tablespoons <br> 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. | of the finis <br> Bake by until che tempera <br> F for 7-1 <br> 00 degre <br> ees F for <br> n. Allow tely OR, <br> $40^{\circ} \mathrm{F}$ or hi <br> ut 10 pizz <br> easure <br> arlic <br> d <br> dried <br> mixing b queeze b | shed pizza. <br> sight. Check pizza half ese melts and crust turns ture accordingly. <br> -10 minutes. <br> es or 5-7 minutes OR 400 <br> 12-15 minutes OR 400 <br> to set one minute. Cut <br> igher. <br> zas): <br> bowl. Whisk thoroughly to bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 547 | Iron | 4.22 Mg | Protein | 24.07 G | 17.61\% | Calories from Prot |
| Cholesterol 31 Mg | Calcium | 446 Mg | Carbohydrates | 59.64 G | 43.63\% | Calories from Carb |
| Sodium 831 Mg | Vitamin A | 444 IU | Total Fat | 22.63 G | 37.24\% | Calories from T Fat |
| Dietary Fiber 4.14 G | Vitamin C | 8.6 Mg | Saturated Fat | 10.30 G | 16.95\% | Calories from S Fat |

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| 007099 - Pizza, Broccoli, 6cut, PP |  |
| :--- | :--- |
| Source: P-120H |  |
| Number of Portions: 6 |  |
| Size of Portion: 1 Slice | Homemade Broccoli <br> Pizza |
| Alternate Menu Name: | Fresh Baked Broccoli <br> Pizza |

Meat/Alt 2 oz.
Grain/Bread 4.8 SRV
F/V/J 0.33 Cup
Milk 0 FLOZ
Pizza

Pizza

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING...................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 011090 BROCCOLI,RAW. | $\begin{aligned} & 12 \text { OZ } \\ & 1 \text { CUP, chopped } \end{aligned}$ | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top with 1 cup fresh chopped broccoli. |

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| 990525 - Pizza, Cajun chicken 6-cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-120I | Meat/Alt 3 oz . |  |
| Number of Portions: 6 | Grain/Bread 4.8 SRV. |  |
| Size of Portion: 1 Slice | F/V/J 0.125 Cup |  |
|  | Milk 0 FLOZ |  |
| Alternate Menu Name: Homemade Cajun chicken |  |  |
| Pizza |  |  |
| 2nd Alternate Menu Name: Fresh Baked Cajun chic |  |  |
|  |  |  |
| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves |
|  |  |  |
|  |  | To make each pizza: |
|  |  | To make each pizza: |
|  |  | STEP 1 |
|  |  | Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
|  |  |  |
| 004044 OIL,SOYBN,SALAD OR COOKING...................... | $11 / 2$ OZ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
|  |  |  |
|  |  |  |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
|  |  |  |
|  |  |  |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 993545 FC GrilledChickCNBreastPattywISP,Pierce\#73022 001923R Cajun spice rub/mix. | ```12 OZ 2 (1 patty) 1 for 10 lb. meat``` | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with on grilled chicken patties sliced into strips (seasoned with Cajun spice mix). Distribute evenly. |
|  |  |  |
|  |  |  |
|  |  |  |

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| Calories | 600 |  | Iron | 4.85 | Mg | Protein | 30.97 | G | 20.66\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 47 | Mg | Calcium | 457 | Mg | Carbohydrates | 60.76 | G | 40.53\% | Calories from Carb |
| Sodium | 948 | Mg | Vitamin A | 719 | IU | Total Fat | 24.68 | G | 37.05\% | Calories from T Fat |
| Dietary Fiber | 4.38 | G | Vitamin C | 9.1 | Mg | Saturated Fat | 10.31 | G | 15.48\% | Calories from S Fat |

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007103-Pizza, Chicken parm 6-cut, PP
Source: P-120K
Number of Portions: 6
Size of Portion: 1 Slice
Alternate Menu Name:

| Homemade Chicken Parm |
| :--- | :--- |
| Pizza |

2nd Alternate Menu Name:

Meat/Alt 3 oz.
Grain/Bread 4.8 SRV.
F/V/J 0.125 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING...................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4^{\prime \prime}$ of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 993545 FC GrilledChickCNBreastPattywISP,Pierce\#73022 001924R Capistrano spice rub. | $\begin{aligned} & 12 \mathrm{OZ} \\ & 2 \text { (1 patty) } \\ & 1 \text { for } 10 \mathrm{lb} . \text { meat } \end{aligned}$ | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with on grilled chicken patties sliced into strips (seasoned with Capistrano spice mix). Distribute evenly. |

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| Calories | 596 |  | Iron | 4.81 | Mg | Protein | 30.80 | G | 20.69\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 47 | Mg | Calcium | 459 | Mg | Carbohydrates | 59.89 | G | 40.22\% | Calories from Carb |
| Sodium | 948 | Mg | Vitamin A | 497 | IU | Total Fat | 24.61 | G | 37.19\% | Calories from T Fat |
| Dietary Fiber | 4.16 | G | Vitamin C | 8.5 | Mg | Saturated Fat | 10.30 | G | 15.57\% | Calories from S Fat |

Chartwells School Dining Services
007119-Pizza, X-cheese, $\mathbf{6}^{\prime \prime}, \mathbf{6 c u t}$, PP
Source: P-120L
Number of Portions: 6
Size of Portion: 1 Slice
Alternate Menu Name:

2nd Alternate Menu Name: | Homemade Extra-Cheese |
| :--- |
| Pizza |

| Fizza Baked Extra-Cheese |
| :--- | :--- |

Meat/Alt 3 oz.
Grain/Bread 4.8 SRV
F/V/J 0.125 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2$ OZ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M | 18 OZ | STEP 5 <br> Place 18 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. |

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| 090019 OREGANO LEAVES,DRIED. | ................... | 1 TSP |  | STEP 6 <br> Sprinkle oregano ove <br> STEP 7 <br> BAKE: Use guidelin way during baking cy golden brown. Adjus <br> Convection Oven- <br> Conveyor (Impinge degrees $F$ for 8-9 m <br> Conventional Oven degrees $F$ for 20-23 <br> STEP 8 <br> Remove the pizza from into 6 slices and serv <br> CCP: Hold for hot s <br> Subrecipe for Seas (makes 2 cups- enou <br> Ingredient <br> 2 cups <br> 4 Tablespoons <br> 2 tsp. <br> 2 tsp. <br> 4 Tablespoons <br> 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. | of the finis <br> Bake by until che tempera <br> F for 7-1 <br> 00 degre <br> ees F for <br> n. Allow tely OR, <br> $40^{\circ} \mathrm{F}$ or hi <br> ut 10 pizz <br> easure <br> arlic <br> d <br> dried <br> mixing b queeze b | shed pizza. <br> sight. Check pizza half ese melts and crust turns ture accordingly. <br> -10 minutes. <br> es or 5-7 minutes OR 400 <br> 12-15 minutes OR 400 <br> to set one minute. Cut <br> igher. <br> zas): <br> bowl. Whisk thoroughly to bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 630 | Iron | 4.17 Mg | Protein | 31.09 G | 19.75\% | Calories from Prot |
| Cholesterol 46 Mg | Calcium | 653 Mg | Carbohydrates | 60.25 G | 38.28\% | Calories from Carb |
| Sodium 980 Mg | Vitamin A | 591 IU | Total Fat | 28.27 G | 40.41\% | Calories from T Fat |
| Dietary Fiber 4.00 G | Vitamin C | 8.3 Mg | Saturated Fat | 13.89 G | 19.85\% | Calories from S Fat |

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| 090019 OREGANO LEAVES,DRIED. | ................... | 1 TSP |  | STEP 6 <br> Sprinkle oregano ove <br> STEP 7 <br> BAKE: Use guidelin way during baking cy golden brown. Adjus <br> Convection Oven- <br> Conveyor (Impinge degrees $F$ for 8-9 m <br> Conventional Oven degrees $F$ for 20-23 <br> STEP 8 <br> Remove the pizza from into 6 slices and serv <br> CCP: Hold for hot s <br> Subrecipe for Seas (makes 2 cups- enou <br> Ingredient <br> 2 cups <br> 4 Tablespoons <br> 2 tsp. <br> 2 tsp. <br> 4 Tablespoons <br> 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. | of the finis <br> Bake by until che tempera <br> F for 7-1 <br> 00 degre <br> ees F for <br> n. Allow tely OR, <br> $40^{\circ} \mathrm{F}$ or hi <br> ut 10 pizz <br> easure <br> arlic <br> d <br> dried <br> mixing b queeze b | shed pizza. <br> sight. Check pizza half ese melts and crust turns ture accordingly. <br> -10 minutes. <br> es or 5-7 minutes OR 400 <br> 12-15 minutes OR 400 <br> to set one minute. Cut <br> igher. <br> zas): <br> bowl. Whisk thoroughly to bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 552 | Iron | 4.24 Mg | Protein | 24.14 G | 17.49\% | Calories from Prot |
| Cholesterol 31 Mg | Calcium | 450 Mg | Carbohydrates | 60.94 G | 44.16\% | Calories from Carb |
| Sodium 832 Mg | Vitamin A | 501 IU | Total Fat | 22.65 G | 36.93\% | Calories from T Fat |
| Dietary Fiber 4.50 G | Vitamin C | 21.4 Mg | Saturated Fat | 10.31 G | 16.80\% | Calories from S Fat |

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| 007115 - Pizza, Primavera,6cut,, PP |  |  |
| :---: | :---: | :---: |
| Source: P-120N | Meat/Alt 2 oz. <br> Grain/Bread 4.8 SRV. |  |
| Number of Portions: 6 |  |  |
| Size of Portion: 1 Slice | F/VIJ 0.33 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: Homemade Primavera |  |  |
|  |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Primavera } \\ & \text { Pizza }\end{aligned}$ |  |  |
|  |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves |
|  |  |  |
|  |  | To make each pizza: |
|  |  | STEP 1 |
|  |  | Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 |
|  |  | Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING...................... | $11 / 2 \mathrm{OZ}$ | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 011333 PEPPERS,SWEET,GREEN,RAW $\qquad$ 011090 BROCCOLI,RAW $\qquad$ <br> 990097 MUSHROOMS,FRESH 285196. $\qquad$ <br> 993622 ONIONS,FRESH. $\qquad$ | 12 OZ <br> 1/2 CUP, chopped 1/2 CUP, chopped 1/2 CUP, pieces 1/2 CUP, chopped | STEP 4 |
|  |  | Place 12 oz . of shredded cheese in the center of the pizza. Use |
|  |  | both hands to evenly distribute the cheese to within $1 / 4$ inch of the |
|  |  | dough's edge. |
|  |  | Add remaining fresh vegetables. |

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| 007118 - Pizza, Supreme, 6-cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-120P | Meat/Alt 2.5 oz . <br> Grain/Bread 4.8 SRV. |  |
| Number of Portions: 6 |  |  |
| Size of Portion: 1 Slice | F/VIJ 0.5 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: Homemade Supreme |  |  |
|  |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Supreme } \\ & \text { Pizza }\end{aligned}$ |  |  |
|  |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves |
|  |  | when preparing ready-to-eat foods. |
|  |  | To make each pizza |
|  |  | STEP 1 |
|  |  | Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 |
|  |  | Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866.......................... | 1 CUP | STEP 4 |
|  |  | Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. |
|  |  | Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 993624 Sausage, crumble topping. <br> 075076 TOMATOES,FRESH,RED RIPE <br> 011333 PEPPERS,SWEET,GREEN,RAW. <br> 990097 MUSHROOMS,FRESH 285196. <br> 011090 BROCCOLI,RAW. <br> 009193 OLIVES,RIPE,CND (SMALL-EXTRA LRG). | 12 OZ <br> 4 (1 oz serving) 1 CUP, chopped 1/2 CUP, chopped 1/2 CUP, pieces 1/2 CUP, chopped 1/2 CUP | STEP 5 |
|  |  | Place 12 oz . of shredded cheese in the center of the pizza. Use |
|  |  | both hands to evenly distribute the cheese to within $1 / 4$ inch of the |
|  |  | dough's edge. |
|  |  |  |
|  |  | Top each pizza with 4 oz. cooked ground sausage. Add remaining |
|  |  | vegetables. Distribute evenly. |

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| Calories | 614 |  | Iron | 4.46 |  | Protein | 32.00 | G | 20.86\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 56 | Mg | Calcium | 451 | Mg | Carbohydrates | 63.23 | G | 41.23\% | Calories from Carb |
| Sodium | 855 | Mg | Vitamin A | 450 | IU | Total Fat | 24.78 | G | 36.35\% | Calories from T Fat |
| Dietary Fiber | 4.27 | G | Vitamin C | 10.5 | Mg | Saturated Fat | 10.89 | G | 15.97\% | Calories from S Fat |

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| 007111 - Pizza, hot chicken 6-cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-120R | Meat/Alt 2.5 oz . <br> Grain/Bread 4.8 SRV. |  |
| Number of Portions: 6 |  |  |
| Size of Portion: 1 Slice | F/V/J 0.125 Cup Milk 0 FLOZ |  |
| Alternate Menu Name. Homemade Red Hot |  |  |
| Alternate Menu Name: $\quad$Homemade Red Hot <br> Chicken Pizza |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Red Hot } \\ & \text { Chicken Pizza }\end{aligned}$ |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866. 107220 CHICKEN WING SAUCE, HOT. | $\begin{aligned} & \text { 2/3 CUP } \\ & 1 / 3 \text { CUP } \end{aligned}$ | STEP 4 <br> Ladle 2/3 Cup pizza sauce and 1/3 Cup Hot wing sauce in the center of the pizza. Use the back of the ladle to spread the sauc e within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 005360 CHICK,DICED,CKD,FROZEN-COMMOD. 075076 TOMATOES,FRESH,RED RIPE. | $\begin{aligned} & \hline 12 \mathrm{OZ} \\ & 4 \mathrm{OZ} \\ & 1 / 2 \mathrm{CUP} \end{aligned}$ | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with diced chicken and tomatoes. Distribute evenly. |

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| Calories | 583 |  | Iron | 4.18 | Mg | Protein | 29.09 | G | 19.97\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 48 | Mg | Calcium | 448 | Mg | Carbohydrates | 59.54 | G | 40.88\% | Calories from Carb |
| Sodium | 1268 | Mg | Vitamin A | 799 | IU | Total Fat | 24.07 | G | 37.18\% | Calories from T Fat |
| Dietary Fiber | 3.90 | G | Vitamin C | 16.9 | Mg | Saturated Fat | 10.69 | G | 16.52\% | Calories from S Fat |

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| 007106 - Pizza, Greek, 6cut,, PP |  |  |
| :---: | :---: | :---: |
| Source: P-120T Number of Portions: 6 Size of Portion: 1 Slice | Meat/Alt 2 oz . <br> Grain/Bread 4.8 SRV. <br> F/V/J 0.25 Cup <br> Milk 0 FLOZ |  |
|  |  |  |
|  |  |  |
|  |  |  |
| Alternate Menu Name: $\quad \begin{aligned} & \text { Homemade Greek Style } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Greek Style } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet...... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 001019 CHEESE,FETA. <br> 990097 MUSHROOMS,FRESH 285196. <br> 990001 ONIONS,FRESH,RED. <br> 009193 OLIVES,RIPE,CND (SMALL-EXTRA LRG) <br> 011206 CUCUMBER,PEELED,RAW.. | $\begin{aligned} & 8 \mathrm{OZ} \\ & 4 \mathrm{OZ} \\ & 1 / 2 \mathrm{CUP}, \text { pieces } \\ & 4 \mathrm{OZ} \\ & 1 / 4 \mathrm{CUP} \\ & 1 / 2 \mathrm{CUP}, \text { chopped } \end{aligned}$ | STEP 4 <br> Place 8 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Crumble 4 oz of feta cheese over the mozzarella cheese. <br> Add the remaining ingredients. |

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| 007139-Pizza, pepperoni, 8-cut, PP |
| :--- |
| Source: P-121A |
| Number of Portions: 8 |
| Size of Portion: 1 Slice |
| Alternate Menu Name: |
| 2nd Alternate Menu Name:Fresh Baked Pepperoni <br> Pizza |

Meat/Alt 2 oz.
Grain/Bread 3.6 SRV
F/V/J 0.125 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING...................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 007057 PEPPERONI,PORK,BEEF. | $\begin{aligned} & 16 \mathrm{OZ} \\ & 2 \mathrm{OZ} \end{aligned}$ | STEP 5 <br> Place 16 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with 2 oz . sliced pepperoni. Distribute evenly. |

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007137-Pizza, meatball, 8-cut, PP
Source: P-121C

Meat/Alt 2 oz.
Grain/Bread 3.6 SRV
F/V/J 0.125 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING...................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4^{\prime \prime}$ of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 993627 Meatballs, Chef Italia. | $\begin{aligned} & 14 \text { OZ } \\ & 4 \text { (1-1 oz each) } \end{aligned}$ | STEP 5 <br> Place 14 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with 4 oz . chopped, cooked meatballs (Check CN label to assure 2 oz meat/meat equivalent contribution.) Distribut e evenly. |

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| 007134 - Pizza, ham, 8-cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121D | Meat/Alt 2 oz. <br> Grain/Bread 3.6 SRV. |  |
| Number of Portions: 8 |  |  |
| Size of Portion: 1 Slice | F/VIJ 0.125 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: $\quad \begin{aligned} & \text { Homemade Ham } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: Fresh Baked Pizza w/ Ham |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 990006 TURKEY HAM,CURED THIGH MEAT. | $\begin{aligned} & 14 \mathrm{OZ} \\ & 4 \mathrm{OZ} \end{aligned}$ | STEP 5 <br> Place 14 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4 / 4$ inch of the dough's edge. <br> Top each pizza with 4 oz . diced turkey ham. Distribute evenly. |

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|  | STEP 5 <br> BAKE: Use guidelines below. Bake by sight. Check pizza half way during baking cycle. Bake until cheese melts and crust turns golden brown. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees F for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees or 5-7 minutes OR 400 degrees $F$ for 8-9 minutes. <br> Conventional Oven- 450 degrees $F$ for 12-15 minutes OR 400 degrees F for 20-23 minutes. <br> STEP 6 <br> Remove the pizza from the oven. Allow to set one minute. Cut into 8 slices and serve immediately OR, <br> CCP: Hold for hot service at $140^{\circ} \mathrm{F}$ or higher. |
| :---: | :---: |
|  | Subrecipe for Seasoned Oil: <br> (makes 2 cups- enough for about 10 pizzas): <br> Method: Put all ingredients in a mixing bowl. Whisk thoroughly to combine. Pour into a labeled squeeze bottle or keep in a covered labeled container. |


| Calories | 479 |  | Iron | 3.08 | Mg | Protein | 20.84 | G | 17.42\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 45 | Mg | Calcium | 439 | Mg | Carbohydrates | 42.64 | G | 35.64\% | Calories from Carb |
| Sodium | 650 | Mg | Vitamin A | 559 | IU | Total Fat | 24.14 | G | 45.39\% | Calories from T Fat |
| Dietary Fiber | 2.82 | G | Vitamin C | 10.3 | Mg | Saturated Fat | 11.99 | G | 22.54\% | Calories from S Fat |
| * - Denotes Missing Nutrient Val |  |  |  |  |  |  |  |  |  |  |

## Chartwells School Dining Services



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| 090019 OREGANO LEAVES,DRIED... | .................... | 1 TSP |  | STEP 6 <br> Sprinkle oregano ove <br> STEP 7 <br> BAKE: Use guidelin way during baking cy golden brown. Adjus <br> Convection Oven- <br> Conveyor (Impinge degrees F for 8 - 9 m <br> Conventional Oven degrees $F$ for 20-23 <br> STEP 8 <br> Remove the pizza from into 8 slices and serv <br> CCP: Hold for hot s <br> Subrecipe for Seas (makes 2 cups- enou <br> Ingredient <br> 2 cups <br> 4 Tablespoons <br> 2 tsp . <br> 2 tsp. <br> 4 Tablespoons <br> 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. | of the finis <br> Bake by until che tempera <br> F for 7 <br> 00 degre <br> ees F for <br> n. Allow tely OR, <br> $40^{\circ} \mathrm{F}$ or h <br> ut 10 piz <br> easure <br> garlic ed , dried <br> mixing queeze b | shed pizza. <br> sight. Check pizza half ese melts and crust turns ture accordingly. <br> -10 minutes. <br> es or 5-7 minutes OR 400 <br> 12-15 minutes OR 400 <br> to set one minute. Cut <br> igher. <br> zas): <br> bowl. Whisk thoroughly to bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 454 | Iron | 3.18 Mg | Protein | 21.64 G | 19.04\% | Calories from Prot |
| Cholesterol 31 Mg | Calcium | 440 Mg | Carbohydrates | 45.78 G | 40.29\% | Calories from Carb |
| Sodium 698 Mg | Vitamin A | 475 IU | Total Fat | 19.81 G | 39.24\% | Calories from T Fat |
| Dietary Fiber 3.31 G | Vitamin C | 21.2 Mg | Saturated Fat | 9.53 G | 18.86\% | Calories from S Fat |

Chartwells School Dining Services
\(\left.$$
\begin{array}{l}\text { 007138-Pizza, Mushroom, 8cut, PP } \\
\text { Source: P-121G } \\
\text { Number of Portions: } 8 \\
\text { Size of Portion: } 1 \text { Slice } \\
\text { Alternate Menu Name: } \\
\text { 2nd Alternate Menu Name: }\end{array}
$$ \begin{array}{l}Homemade Mushroom <br>

Pizza\end{array}\right]\)| Fizza Baked Mushroom |
| :--- |

Source: P-121G
Number of Portions: 8

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet...... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 990097 MUSHROOMS,FRESH 285196. | $\begin{aligned} & 16 \mathrm{OZ} \\ & 1 \text { CUP, pieces } \end{aligned}$ | STEP 5 <br> Place 16 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top with 1 cup fresh mushroom slices. |

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| 007124 - Pizza, Broccoli, 8cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121H |  |  |
| Number of Portions: 8 | Grain/Bread 3.6 SRV. |  |
| Size of Portion: 1 Slice | F/V/J 0.25 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: $\begin{aligned} & \text { Homemade Broccoli } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Broccoli } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 011090 BROCCOLI,RAW. | $16 \mathrm{OZ}$ <br> 1 CUP, chopped | STEP 5 <br> Place 16 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top with 1 cup fresh chopped broccoli. |

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| 090019 OREGANO LEAVES,DRIED... | .................... | 1 TSP |  | STEP 6 <br> Sprinkle oregano ove <br> STEP 7 <br> BAKE: Use guidelin way during baking cy golden brown. Adjus <br> Convection Oven- <br> Conveyor (Impinge degrees F for 8 - 9 m <br> Conventional Oven degrees $F$ for 20-23 <br> STEP 8 <br> Remove the pizza from into 8 slices and serv <br> CCP: Hold for hot s <br> Subrecipe for Seas (makes 2 cups- enou <br> Ingredient <br> 2 cups <br> 4 Tablespoons <br> 2 tsp . <br> 2 tsp. <br> 4 Tablespoons <br> 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. | of the finis <br> Bake by until che tempera <br> F for 7 <br> 00 degre <br> ees F for <br> n. Allow tely OR, <br> $40^{\circ} \mathrm{F}$ or h <br> ut 10 piz <br> easure <br> garlic ed , dried <br> mixing queeze b | shed pizza. <br> sight. Check pizza half ese melts and crust turns ture accordingly. <br> -10 minutes. <br> es or 5-7 minutes OR 400 <br> 12-15 minutes OR 400 <br> to set one minute. Cut <br> igher. <br> zas): <br> bowl. Whisk thoroughly to bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 454 | Iron | 3.19 Mg | Protein | 21.79 G | 19.18\% | Calories from Prot |
| Cholesterol 31 Mg | Calcium | 443 Mg | Carbohydrates | 45.65 G | 40.18\% | Calories from Carb |
| Sodium $\quad 701 \mathrm{Mg}$ | Vitamin A | 475 IU | Total Fat | 19.82 G | 39.25\% | Calories from T Fat |
| Dietary Fiber 3.28 G | Vitamin C | 16.0 Mg | Saturated Fat | 9.52 G | 18.85\% | Calories from S Fat |

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|  |  |  |  |  |  | STEP 6 <br> Sprinkle oregano ov <br> STEP 7 <br> BAKE: Use guidelin way during baking c golden brown. Adju <br> Convection Oven- <br> Conveyor (Impinger) degrees F for 8-9 <br> Conventional Oven degrees F for $20-23$ <br> CCP: Heat to $165^{\circ}$ <br> STEP 8 <br> Remove the pizza fr into 8 slices and ser <br> CCP: Hold for hot s <br> Subrecipe for Seas (makes 2 cups- eno <br> Ingredient 2 cups <br> 4 Tablespoons 2 tsp. <br> 2 tsp. <br> 4 Tablespoons 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. | ve <br> ne <br> cy ust <br> - 3 <br> er <br> m <br> n- <br> 23 <br> ${ }^{\circ} \mathrm{F}$ <br> fro <br> rv <br> se <br> as <br> oug <br> W <br> Ve <br> Gr <br> Ba <br> Or <br> Sa <br> re a | of the finis <br> Bake by s until chee temperat <br> F for 7- <br> 00 degree <br> ees F for <br> for 15 sec <br> n. Allow to ately OR, <br> $40^{\circ} \mathrm{F}$ or hig <br> ut 10 pizz <br> easure <br> garlic <br> ed <br> , dried <br> a mixing b queeze bo | shed pizza. <br> sight. Check pizza half ese melts and crust turns ture accordingly. <br> -10 minutes. <br> es or 5-7 minutes OR 400 <br> 12-15 minutes OR 400 <br> conds. <br> to set one minute. Cut <br> igher. <br> zas): <br> bowl. Whisk thoroughly to bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories | 450 | Iron | 3.64 |  | Protein | 23.23 G |  | 20.66\% | Calories from Prot |
| Cholesterol | 35 Mg | Calcium | 343 | Mg | Carbohydrates | 45.57 G |  | 40.53\% | Calories from Carb |
| Sodium | 711 Mg | Vitamin A | 539 | IU | Total Fat | 18.51 G |  | 37.05\% | Calories from T Fat |
| Dietary Fiber | 3.28 G | Vitamin C | 6.8 | Mg | Saturated Fat | 7.73 G |  | 15.48\% | Calories from S Fat |

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007128-Pizza, Chicken parm 8-cut, PP

Source: P-121K $\quad$\begin{tabular}{ll}
Number of Portions: 8 \& <br>

Size of Portion: 1 Slice \& | Homemade Chicken |
| :--- |
| Parm Pizza | <br>

Alternate Menu Name: \& | Fresh Baked Chicken Parm |
| :--- |
| 2nd Alternate Menu Name: |

\end{tabular}

Meat/Alt 2 oz.
Grain/Bread 3.6 SRV
F/V/J 0.125 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet...... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4^{\prime \prime}$ of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 993545 FC GrilledChickCNBreastPattywISP,Pierce\#73022 001924R Capistrano spice rub. | ```12 OZ 2 (1 patty) 1 for 10 lb. meat``` | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with on grilled chicken patties sliced into strips (seasoned with Capistrano spice mix). Distribute evenly. |

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| Calories | 447 |  | Iron | 3.61 | Mg | Protein | 23.10 | G | 20.69\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol |  | Mg | Calcium |  | Mg | Carbohydrates | 44.92 | G | 40.22\% | Calories from Carb |
| Sodium | 711 |  | Vitamin A |  | IU | Total Fat | 18.46 | G | 37.19\% | Calories from T Fat |
| Dietary Fiber | 3.12 | G | Vitamin C | 6.4 | Mg | Saturated Fat | 7.73 | G | 15.57\% | Calories from S Fat |

## Chartwells School Dining Services

| 007144 - Pizza, X-cheese, 8cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121L | Meat/Alt 2.5 oz . <br> Grain/Bread 3.6 SRV. |  |
| Number of Portions: 8 |  |  |
| Size of Portion: 1 Slice | F/V/J 0.125 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: $\begin{aligned} & \text { Homemade Extra-Cheese } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Extra-Cheese } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M | 20 OZ | STEP 5 <br> Place 20 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. |

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| 090019 OREGANO LEAVES,DRIED.. | .................... | 1 TSP |  | STEP 6 <br> Sprinkle oregano ove <br> STEP 7 <br> BAKE: Use guideline way during baking cy golden brown. Adjus <br> Convection Oven- 3 <br> Conveyor (Impinger) degrees F for 8-9 m <br> Conventional Ovendegrees F for 20-23 <br> STEP 8 <br> Remove the pizza fro into 8 slices and serv <br> CCP: Hold for hot se <br> Subrecipe for Seaso (makes 2 cups- enoug <br> Ingredient 2 cups <br> 4 Tablespoons 2 tsp. <br> 2 tsp. <br> 4 Tablespoons 1 tsp. <br> 1 tsp. <br> Method: Put all ingre combine. Pour into a labeled container. | of the finished pizza. <br> Bake by sight. Check pizza half until cheese melts and crust turns temperature accordingly. <br> F for 7-10 minutes. <br> 50 degrees or 5-7 minutes OR 400 <br> ees F for 12-15 minutes OR 400 <br> n. Allow to set one minute. Cut tely OR, <br> $40^{\circ} \mathrm{F}$ or higher. <br> ut 10 pizzas): <br> easure <br> arlic <br> ed <br> dried <br> mixing bowl. Whisk thoroughly to queeze bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 494 | Iron | 3.15 Mg | Protein | 25.16 G | 20.39\% Calories from Prot |
| Cholesterol 38 Mg | Calcium | 542 Mg | Carbohydrates | 45.46 G | 36.84\% Calories from Carb |
| Sodium $\quad 773 \mathrm{Mg}$ | Vitamin A | 480 IU | Total Fat | 22.62 G | 41.25\% Calories from T Fat |
| Dietary Fiber 3.00 G | Vitamin C | 6.2 Mg | Saturated Fat | 11.31 G | 20.63\% Calories from S Fat |

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| 007133 - Pizza, Grlld veg, 8cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121M | Meat/Alt 2 oz. <br> Grain/Bread 3.6 SRV. |  |
| Number of Portions: 8 |  |  |
| Size of Portion: 1 Slice | F/VIJ 0.25 Cup Milk 0 FLOZ |  |
| Alternate Menu Name: $\quad \begin{aligned} & \text { Homemade Grilled Vegetab } \\ & \text { Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: Fresh Baked Grilled Veg Pizza |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 011333 PEPPERS,SWEET,GREEN,RAW. <br> 990097 MUSHROOMS,FRESH 285196. <br> 993626 ONIONS,FRESH. | 16 OZ 1 CUP, sliced 1/2 CUP, pieces 1/2 CUP, sliced | STEP 5 <br> Place 16 oz. of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top with peppers, mushrooms, and onions, which have been grilled using non-stick vegetable spray.. |

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| 007140 - Pizza, Primavera,8cut,, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121N | Meat/Alt 2 oz. <br> Grain/Bread 3.6 SRV. |  |
| Number of Portions: 8 |  |  |
| Size of Portion: 1 Slice | F/V/J 0.25 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: Homemade Primavera |  |  |
|  |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Primavera } \\ & \text { Pizza }\end{aligned}$ |  |  |
|  |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves |
|  |  | when preparing ready-to-eat foods. |
|  |  | To make each pizza: |
|  |  |  |
|  |  | STEP 1 |
|  |  | Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 |
|  |  | Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 011333 PEPPERS,SWEET,GREEN,RAW. $\qquad$ 011090 BROCCOLI,RAW. <br> 990097 MUSHROOMS,FRESH 285196 $\qquad$ <br> 993626 ONIONS,FRESH. | 16 OZ <br> 1/2 CUP, chopped 1/2 CUP, chopped 1/2 CUP, pieces 1/2 CUP, chopped | STEP 4 |
|  |  | Place 16 oz . of shredded cheese in the center of the pizza. Use |
|  |  | both hands to evenly distribute the cheese to within $1 / 4$ inch of the |
|  |  | dough's edge. |
|  |  | Add remaining fresh vegetables. |

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007135-Pizza, Hawaiian, 8-cut, PP

Source: P-1210 $\quad$\begin{tabular}{ll}
Number of Portions: 8 \& <br>

Size of Portion: 1 Slice \& | Homemade Hawaiian |
| :--- |
| Pizza | <br>

Alternate Menu Name: \& | Fresh Baked Hawaiian |
| :--- |
| 2nd Alternate Menu Name: | <br>

\hline
\end{tabular}

Meat/Alt 2 oz.
Grain/Bread 3.6 SRV
F/V/J 0.25 Cup
Milk 0 FLOZ
Pizza

Pizza

| 000154 vegetable cooking spray..................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet...... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866......................... | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 990006 TURKEY HAM,CURED THIGH MEAT. 007098R Pineapple, tidbits, canned. | $\begin{aligned} & \hline 12 \text { OZ } \\ & 6 \text { OZ } \\ & 2 \text { (1/2 cup) } \end{aligned}$ | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with 6 oz. diced turkey ham and 1 Cup (drained) pineapple tidbits. Distribute evenly. |

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| 007143 - Pizza, Supreme, 8-cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121P | Meat/Alt 2 oz. <br> Grain/Bread 3.6 SRV. |  |
| Number of Portions: 8 |  |  |
| Size of Portion: 1 Slice |  |  |
|  |  |  |
| Alternate Menu Name: Homemade Supreme | Milk 0 FLOZ |  |
|  |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Supreme } \\ & \text { Pizza }\end{aligned}$ |  |  |
|  |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves |
|  |  | when preparing ready-to-eat foods. |
|  |  | To make each pizza |
|  |  |  |
|  |  | STEP 1 |
|  |  | Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 |
|  |  | Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING.................... | $11 / 2 \mathrm{OZ}$ | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1 CUP | STEP 4 |
|  |  | Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. |
|  |  | Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 993628 Sausage, crumble topping. <br> 075076 TOMATOES,FRESH,RED RIPE <br> 011333 PEPPERS,SWEET,GREEN,RAW. <br> 990097 MUSHROOMS,FRESH 285196. <br> 011090 BROCCOLI,RAW. <br> 009193 OLIVES,RIPE,CND (SMALL-EXTRA LRG). | 12 OZ <br> 4 (1 oz serving) 1 CUP, chopped 1/2 CUP, chopped 1/2 CUP, pieces 1/2 CUP, chopped 1/2 CUP | STEP 5 |
|  |  | Place 12 oz . of shredded cheese in the center of the pizza. Use |
|  |  | both hands to evenly distribute the cheese to within $1 / 4$ inch of the |
|  |  | dough's edge. |
|  |  |  |
|  |  | Top each pizza with 4 oz. cooked ground sausage. Add remaining |
|  |  | vegetables. Distribute evenly. |

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| 007129 - Pizza, Chix \& p'appl 8-cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121Q <br> Number of Portions: 8 Size of Portion: 1 Slice | Meat/Alt 2 oz. <br> Grain/Bread 3.6 SRV. <br> F/V/J 0.25 Cup <br> Milk 0 FLOZ |  |
|  |  |  |
|  |  |  |
|  <br> Pineapple Pizza |  |  |
| 2nd Alternate Menu Name: Fresh Baked Chiicken <br> Pineapple Pizza |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1 CUP | STEP 4 <br> Place an 8 oz. ladle (1 cup) pizza sauce in the center of the pizz a. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 005360 CHICK,DICED,CKD,FROZEN-COMMOD. 007098R Pineapple, tidbits, canned. | $\begin{aligned} & 12 \mathrm{OZ} \\ & 6 \mathrm{OZ} \\ & 2 \text { (1/2 cup) } \end{aligned}$ | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Top each pizza with 6 oz diced chicken and 1 cup pineapple tidbits. Distribute evenly. |

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|  |  |  |  |  |  | STEP 6 <br> Sprinkle oregano ov <br> STEP 7 <br> BAKE: Use guidelin way during baking c golden brown. Adju <br> Convection Oven- <br> Conveyor (Imping degrees $F$ for 8-9 <br> Conventional Ove degrees F for $20-23$ <br> CCP: Heat to $165^{\circ}$ <br> STEP 8 <br> Remove the pizza fro into 8 slices and ser <br> CCP: Hold for hot <br> Subrecipe for Seas (makes 2 cups- eno <br> Ingredient <br> 2 cups <br> 4 Tablespoons <br> 2 tsp. <br> 2 tsp. <br> 4 Tablespoons 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. |  | of the finis <br> Bake by s until chee temperatu <br> F for 7-1 <br> 00 degree <br> ees F for <br> for 15 sec <br> n. Allow to ately OR, <br> $40^{\circ} \mathrm{F}$ or hig <br> ut 10 pizz <br> easure <br> garlic ed , dried <br> a mixing b queeze bo | hed pizza. <br> sight. Check pizza half ese melts and crust turns ure accordingly. <br> -10 minutes. <br> es or 5-7 minutes OR 400 <br> 12-15 minutes OR 400 <br> conds. <br> to set one minute. Cut gher. <br> zas): <br> bowl. Whisk thoroughly to ottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories | 460 | Iron | 3.34 |  | Protein | 24.00 G |  | 20.86\% | Calories from Prot |
| Cholesterol | 42 Mg | Calcium | 338 | Mg | Carbohydrates | 47.43 G |  | 41.23\% | Calories from Carb |
| Sodium | 642 Mg | Vitamin A | 337 | IU | Total Fat | 18.59 G |  | 36.35\% | Calories from T Fat |
| Dietary Fiber | 3.20 G | Vitamin C | 7.9 | Mg | Saturated Fat | 8.16 G | G | 15.97\% | Calories from S Fat |

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| 007136 - Pizza, hot chicken 8-cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121R |  |  |
| Number of Portions: 8 | Grain/Bread 3.6 SRV. |  |
| Size of Portion: 1 Slice | F/V/J 0.125 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: $\begin{aligned} & \text { Homemade Red Hot } \\ & \text { Chicken Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: Fresh Baked Red Hot Chicken Pizza |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866 107220 CHICKEN WING SAUCE, HOT. | $\begin{aligned} & 2 / 3 \text { CUP } \\ & 1 / 3 \text { CUP } \end{aligned}$ | STEP 4 <br> Ladle 2/3 Cup pizza sauce and $1 / 3$ Cup Hot wing sauce in the center of the pizza. Use the back of the ladle to spread the sauc e within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 005360 CHICK,DICED,CKD,FROZEN-COMMOD. 075076 TOMATOES,FRESH,RED RIPE. | $\begin{aligned} & 12 \mathrm{OZ} \\ & 4 \mathrm{OZ} \\ & 1 / 2 \mathrm{CUP} \end{aligned}$ | STEP 5 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4 /$ inch of the dough's edge. <br> Top each pizza with diced chicken and tomatoes. Distribute evenly. |

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| 007145 - Pizza,Bronco Veg, 8cut, PP |  |  |
| :---: | :---: | :---: |
| Source: P-83v | Meat/Alt 2 oz. <br> Grain/Bread 3.6 SRV. |  |
| Number of Portions: 8 |  |  |
| Size of Portion: 1 Slice | F/VIJ 0.5 Cup |  |
|  | Milk 0 FLOZ |  |
| Alternate Menu Name: $\quad \begin{aligned} & \text { Homemade Bronco Vegetari } \\ & \text { Pizza }\end{aligned}$ |  |  |
| Fresh Baked Bronco Veget Pizza |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M | 16 OZ | STEP 4 <br> Place 16 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4 / 4$ inch of the dough's edge. |
| 011092 BROCCOLI,FRZ,CHOPD,UNPREP 011137 CAULIFLOWER,FRZ,UNPREP.. 011130 CARROTS,FROZEN,UNPREPARED. 011264 MUSHROOMS,CND,DRND SOL. | $\begin{aligned} & 111 / 2 \text { CUP } \\ & 11 \text { 1/2 CUP, } 1 " \text { pieces } \\ & 2 \text { CUP, slices } \\ & 1 / 2 \text { CUP } \end{aligned}$ | STEP 5 <br> Top with 5 cups of "california blend" vegetables (broccoli, cauliflower, and carrots); Add sliced mushrooms. |

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| 007131 - Pizza, Greek, 8cut,, PP |  |  |
| :---: | :---: | :---: |
| Source: P-121T | Meat/Alt 2 oz. <br> Grain/Bread 3.6 SRV. |  |
| Number of Portions: 8 |  |  |
| Size of Portion: 1 Slice | F/VIJ 0.125 Cup |  |
|  | Milk 0 FLOZ |  |
| Alternate Menu Name: Homemade Greek Style |  |  |
| Pizza |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Greek Style } \\ & \text { Pizza }\end{aligned}$ |  |  |
|  |  |  |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a pizza screen lightly with vegetable cooking spray. |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
| 993605 Pizza crust, Schwan's Proof Perfect 16" sheet....... | 1 (1 crust) | STEP 2 <br> Place whole pizza crust on the pizza screen. |
|  |  |  |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | $11 / 2 \mathrm{OZ}$ | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1.5 oz of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
|  |  |  |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 001019 CHEESE,FETA. <br> 990097 MUSHROOMS,FRESH 285196 <br> 990001 ONIONS,FRESH,RED. <br> 009193 OLIVES,RIPE,CND (SMALL-EXTRA LRG) <br> 011206 CUCUMBER,PEELED,RAW | $\begin{aligned} & 12 \mathrm{OZ} \\ & 4 \mathrm{OZ} \\ & 1 / 2 \mathrm{CUP}, \text { pieces } \\ & 4 \mathrm{OZ} \\ & 1 / 4 \mathrm{CUP} \\ & 1 / 2 \mathrm{CUP} \text {, chopped } \end{aligned}$ | STEP 4 <br> Place 12 oz . of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  | Crumble 4 oz of feta cheese over the mozzarella cheese. |
|  |  | Add the remaining ingredients. |

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| 090019 OREGANO LEAVES,DRIED.............................. 1 TSP | STEP 5 <br> Sprinkle oregano over the top of the finished pizza. <br> STEP 6 <br> BAKE: Use guidelines below. Bake by sight. Check pizza half way during baking cycle. Bake until cheese melts and crust turns golden brown. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees F for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees or 5-7 minutes OR 400 degrees F for 8 - 9 minutes. <br> Conventional Oven- 450 degrees F for 12-15 minutes OR 400 degrees F for 20-23 minutes. <br> STEP 7 <br> Remove the pizza from the oven. Allow to set one minute. Cut into 8 slices and serve immediately OR, <br> CCP: Hold for hot service at $140^{\circ} \mathrm{F}$ or higher. |
| :---: | :---: |
|  | Subrecipe for Seasoned Oil: <br> (makes 2 cups- enough for about 10 pizzas): <br> Method: Put all ingredients in a mixing bowl. Whisk thoroughly to combine. Pour into a labeled squeeze bottle or keep in a covered labeled container. |


| Calories | 448 |  | Iron | 3.04 | Mg | Protein | 19.69 | G | 17.59\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 36 | Mg | Calcium | 412 | Mg | Carbohydrates | 44.30 | G | 39.58\% | Calories from Carb |
| Sodium | 694 |  | Vitamin A | 316 | IU | Total Fat | 20.46 | G | 41.13\% | Calories from T Fat |
| Dietary Fiber | 3.00 | G | Vitamin C | 5.1 | Mg | Saturated Fat | 9.90 | G | 19.91\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |




## STEP 5

Using the squeeze bottles and a sweeping motion, squirt $1 / 4$ cup of hoisin sauce and $1 / 4$ cup of hot sauce over each pizza, decorating the top of each pie with attractive zig-zag designs.

## STEP 6

Bake the pizza a pre-heated 375 degree convection oven for 7-10 minutes or until the chicken has been reheated to 165 degrees $F$ for 15 seconds and the crust crispy and brown on the bottom and edges.

## STEP 7

Remove the pizza from the oven. Cut into 6 slices and serve immediately.

RECIPE VARIATIONS ARE ON THE FOLLOWING PAGE.

## Spicy Oriental Chicken Pizza Variations (P-127)

| Variation | Variation | Nutrients per Portion |  |  |  |  |  |  |  |  |  |  |  | Components per Portion |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cal. | $\begin{aligned} & \text { Chol } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline \text { Sod- } \\ & \text { ium } \\ & (\mathrm{mg}) \\ & \hline \end{aligned}$ | Fiber <br> (g) | $\begin{aligned} & \text { Iron } \\ & (\mathrm{mg}) \end{aligned}$ | $\begin{aligned} & \hline \text { Calc } \\ & \text {-ium } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline \text { Vit. } \\ & \text { A } \\ & \text { (RE) } \\ & \hline \end{aligned}$ | $\begin{array}{\|l\|} \hline \hline \text { Vit. } \\ \text { C } \\ \text { (mg) } \\ \hline \end{array}$ | $\begin{array}{\|l\|} \hline \begin{array}{l} \text { Pro- } \\ \text { tein } \\ (\mathrm{g}) \end{array} \\ \hline \end{array}$ | $\begin{aligned} & \text { Carb } \\ & \text { (g) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { Fat } \\ & \text { ( } \mathrm{g}) \\ & \hline \end{aligned}$ | $\begin{array}{\|l\|} \hline \text { Sat. } \\ \text { Fat. } \\ \text { (g) } \\ \hline \end{array}$ |  |
| A. <br> 8-Cut <br> Pizza <br> NK5576 <br> Portion <br> cost \$0.83 | Increase the amount of cooked diced chicken on each pie to 1 lb . <br> Keep all other ingredients/amounts the same. | 411 | 51 | 1002 | 3.21 | 3.62 | 38 | 196 | 73.5 | 24.6 | 57.4 | 8.0 | 2.0 | 3.6 servings of bread/grains, 2 oz. meat/meat alternate, $1 / 2$ cup vegetables |
| B. <br> 7" <br> Personal <br> Pizza <br> NK5577 <br> Portion <br> cost $\$ 1.00$ | Substitute 7" sheeted white dough, $5 ½ 02$. each, for 16 " sheeted white dough. <br> For each pizza: <br> - Spray with $1 / 8$ tsp. tomato seasoned oil. <br> - Add mixture $1 / 4$ cup diced peppers, $1 / 4$ cup diced onions, $1 / 4$ cup chopped broccoli, and 2 oz . cooked diced chicken. <br> - Add 1 tbsp. hoisin sauce and 1 tbsp. HOT sauce | 610 | 51 | 1338 | 5.09 | 5.88 | 55 | 92 | 59.3 | 31.0 | 94.9 | 10.8 | 2.6 | 6.1 servings of bread/grains, 2 oz. meat/meat alternate, 3/4 cup vegetables |

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## 007066 - White French Bread Toast

Source: P- 130
Number of Portions: 100
Size of Portion: 1 Piece
Alternate Menu Name: Cheesy Garlic Toast

Meat/Alt 2 oz.
Grain/Bread 1.25 SRV
F/V/J 0 Cup
Milk 0 FLOZ

| 018349 ROLLS,FRENCH. <br> 004044 OIL,SOYBN,SALAD OR COOKING. <br> 002020 GARLIC POWDER. <br> 001028 CHEESE,MOZZARELLA,PART SKIM MILK. | 50 Rolls, 2.5 oz . <br> 4 TSP <br> 2 TBSP <br> $6 \mathrm{OZ}+4 \mathrm{OZ}$ | STEP 1 <br> Cut steak rolls in half lengthwise. Spray or lightly brush the cut surfaces with the oil. <br> STEP 2 <br> Sprinke garlic powder over the bread slices. <br> STEP 3 <br> Top each bread slice with 2 oz. (1/2 cup) of shredded part skim mozzarella cheese. <br> Heat in a 400 degree $F$ oven $7-10$ minutes or until the cheese is melted and begins to bubble. <br> CCP: Hold hot at 140 degrees F until served. |
| :---: | :---: | :---: |


| Calories | 108 |  | Iron | 0.97 | Mg | Protein | 3.76 | G | 14.00\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 2 | Mg | Calcium | 55 | Mg | Carbohydrates | 17.99 | G | 66.92\% | Calories from Carb |
| Sodium | 233 | Mg | Vitamin A | 14 | IU | Total Fat | 2.16 | G | 18.06\% | Calories from T Fat |
| Dietary Fiber | 1.15 | G | Vitamin C | 0.0 | Mg | Saturated Fat | 0.65 | G | 5.47\% | Calories from S Fat |


| QUANTITY/PORTIONS |  |  | INGREDIENTS |
| :---: | :---: | :---: | :---: |
| 6 (1 pizza) | 30 (5 pizzas) | 60 (10 pizzas) |  |
| 1 | 5 | 10 | 16" Pizza dough, 26 oz., proofed sheeted |
| $3 / 4 \mathrm{tsp}$. | $23 / 4 \mathrm{tsp}$. | $71 / 2$ tsp. | Tomato seasoned oil, in a labeled |
|  |  |  | spray bottle |
| $11 / 2$ cup | $1 \mathrm{qt}+3112$ cups | 3 qt . +3 cups | Green peppers, diced |
| 1 cup | 5 cups | $21 / 2 \mathrm{qt}$. | Onions, fresh, diced |
| $11 / 2$ cup | $1 \mathrm{qt}+31 / 2$ cups | 3 qt . +3 cups | Broccoli, chopped |
| 12 oz . | $3 \mathrm{lb} .+12 \mathrm{oz}$. | $7 \mathrm{lb} .+8 \mathrm{oz}$. | Extra lean roast beef, cooked, deli meat, cut into thin strips (J/PAC) |
| $1 / 2$ cup | $21 / 2$ cups | 5 cups | Teriyaki sauce, in a labeled |
|  |  |  | squeeze bottle |

## METHOD

STEP 1
See Pizza Dough Handling Guidelines. Spray pizza screens or sheet pans, whichever applies, well with pan spray.

## STEP 2

Remove desired number of pizza dough rounds from the freezer.
Place on prepared screens or pans and allow to thaw slightly until soft. Dock the dough. Spray the entire surface of each dough including the edges with tomato seasoned oil ( $3 / 4 \mathrm{tsp}$. per dough).

## STEP 3

Combine the peppers, onions, and broccoli in a mixing bow or steamtable pan. For each pizza, distribute 4 cups of the vegetable mixture over the dough to within $1 / 4$ " of the dough's edge.

## STEP 4

For each pizza, weigh out 12 oz. roast beef and distribute the meat over the vegetables.

## STEP 5

Using the squeeze bottle and a sweeping motion, squirt $1 / 2$ cup of teriyaki sauce over each pizza, decorating the top of each pie with attractive zig-zag designs.

## STEP 6

Bake the pizza a pre-heated 375 degree convection oven for 7-10 minutes or until the roast beef has been reheated to 165 degrees F for 15 seconds and the crust crispy and brown on the bottom and edges.

## STEP 7

Remove the pizza from the oven. Cut into 6 slices and serve immediately.

RECIPE VARIATIONS ARE ON THE FOLLOWING PAGE.

## Teriyaki Beef Pizza Variations (P-135)

|  | Variation | Nutrients per Portion |  |  |  |  |  |  |  |  |  |  |  | Components per Portion |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variation |  | Cal. | $\begin{aligned} & \text { Chol } \\ & \text { (mg) } \end{aligned}$ | Sodium <br> (mg) | Fiber <br> (g) | $\begin{aligned} & \text { Iron } \\ & \text { (mg) } \end{aligned}$ | $\begin{aligned} & \hline \text { Calc } \\ & \text {-ium } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | Vit. <br> A <br> (RE) | $\begin{aligned} & \text { Vit. } \\ & \text { C } \\ & \text { (mg) } \end{aligned}$ | Protein <br> (g) | Carb (g) | Fat <br> (g) | Sat. <br> Fat. <br> (g) |  |
| A. <br> 8-Cut <br> Pizza <br> NK5583 <br> Portion cost \$0.96 | Increase the amount of cooked roast beef strips on each pie to 1 lb . <br> Keep all other ingredients/amounts the same. | 340 | 13 | 892 | 3.15 | 4.34 | 29 | 185 | 69.7 | 18.2 | 51.9 | 7.1 | 1.8 | 3.6 servings of bread/grains, 2 oz. meat/meat alternate, $1 / 2$ cup vegetables |
| B. <br> 7" <br> Personal <br> Pizza <br> NK5570 <br> Portion <br> cost $\$ 1.15$ | Substitute 7" sheeted white dough, $5^{1 / 202}$. each, for 16 " sheeted white dough. <br> For each pizza: <br> - Spray with $1 / 8$ tsp. tomato seasoned oil. <br> - Add mixture $1 / 4$ cup diced peppers, $1 / 4$ cup diced onions, $1 / 4$ cup chopped broccoli, and 2 oz. cooked roast beef strips. <br> - Add 2 tbsp. teriyaki sauce. | 557 | 13 | 1414 | 5.03 | 6.61 | 46 | 81 | 55.6 | 24.6 | 92.9 | 10.4 | 2.4 | 6.1 servings of bread/grains, 2 oz. meat/meat alternate, 3/4 cup vegetables |



|  | Amount per Serving |  |
| :--- | :---: | :---: |
|  |  |  |
|  |  |  |
| Calories | 483 |  |
| Protein | 28.73 g |  |
| Carbohydrates | 62.96 g |  |
| Fat-total | 13.17 g |  |
| Saturated Fat | 5.06 g |  |
| Cholesterol | 57 mg |  |
| Vitamin A (RE) | 80 RE |  |
| Vitamin C | 35 mg |  |
| Iron | 3.95 mg |  |
| Calcium | 211 mg |  |
| Sodium | 990 mg |  |
| Fiber | 3.50 g |  |
| \% Protein | 23.78 |  |
| \% Carbohydrate | 52.11 |  |
| \% Total Fat | 24.52 | NK5534 |
| \% Saturated Fat | 9.43 |  |

## Chicken Fajita Pizza Variations (P-37)

|  | Variation | Nutrients per Portion |  |  |  |  |  |  |  |  |  |  |  | Components per Portion |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variation |  | Cal. | $\begin{aligned} & \text { Chol } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | $\begin{array}{\|l\|} \hline \begin{array}{l} \text { Sod- } \\ \text { ium } \\ \text { (mg) } \end{array} \\ \hline \end{array}$ | Fiber (g) | $\begin{aligned} & \text { Iron } \\ & \text { (mg) } \end{aligned}$ | $\begin{aligned} & \hline \text { Calc } \\ & \text {-ium } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline \text { Vit. } \\ & \text { A } \\ & \text { (RE) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline \text { Vit. } \\ & \text { C } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline \begin{array}{l} \text { Pro- } \\ \text { tein } \\ (\mathrm{g}) \end{array} \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { Carb } \\ & \text { (g) } \end{aligned}$ | $\begin{aligned} & \text { Fat } \\ & (\mathrm{g}) \\ & \hline \end{aligned}$ | $\begin{array}{\|l} \hline \text { Sat. } \\ \text { Fat. } \\ \text { (g) } \\ \hline \end{array}$ |  |
| A. <br> 8-Cut <br> Pizza <br> NK5536 <br> Portion cost \$1.13 | Increase the amount of chicken on each pie to $1 \mathrm{lb} .+12 \mathrm{oz}$. <br> Keep all other ingredients/amounts the same. | 457 | 86 | 1356 | 3.08 | 3.89 | 25 | 53 | 28 | 31.2 | 52.4 | 13.8 | 3.3 | 3.6 servings of bread/grains, 2 oz. meat/meat alternate, $1 / 2$ cup vegetables |
| B. <br> 7" <br> Personal <br> Pizza NK5560 Portion cost \$1.43 | Substitute 7" sheeted white dough, $5^{1 / 2}$ $0 z$. each, for 16 " sheeted white dough. <br> For each pizza: <br> - Spray with 1/8 tsp. seasoned oil. <br> - Add $1 / 4$ cup salsa. <br> - Add $31 / 20$ Oz. chicken <br> - Add $1 / 4$ cup onions. <br> - Add $1 / 4$ cup peppers. <br> - Add 2 tbsp. ranch dressing | 702 | 91 | 2015 | 5.28 | 6.83 | 43.3 | 83 | 37.7 | 38.0 | 95.2 | 19.0 | 4.2 | 6.1 servings of bread/grains, 2 oz. meat/meat alternate, $3 / 4$ cup vegetables |



## METHOD

## For Each Pizza

## STEP 1

Remove pizza dough from freezer. Thaw and proof dough according to package directions.

## STEP 2

Brush crust with seasoned oil.

## STEP 3

Spread 16-oz. ricotta cheese over pizza using a spatula.

## STEP 4

Place 16-oz. shredded mozzarella cheese over top of ricotta.

## STEP 5

Drizzle 8-oz. sauce over top of cheese.

## STEP 6

Bake at 450 degrees F until cheese is bubbling and crust is browned, for 15-18 minutes in conventional oven, for 12-15 minutes in a convection oven.

## STEP 7

Allow the pizza to rest for 5 minutes before cutting into 8 slices. Serve.


## STEP 5

Brush the top of the finished pizza with garlic-oil and allow to rise at room temperature.

## STEP 6

Bake in a 350 degree convection oven for 12 minutes or until the crust has risen and browned nicely and the cheese is well melted.

## STEP 7

Allow the pizza to rest for 5 minutes before cutting into 8 slices. Serve.

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003244 - Garlic Cheese Bread
Source: P- 57
Number of Portions: 100.0000
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 2 SRV.
F/V/J 0 Cup
Milk 0 FLOZ

| 1/2 CUP, dry | STEP 1 |
| :--- | :--- |
| 1 GAL | Dissolve yeast in warm water. Let stand 4-5 minutes |

1 GAL
1 QT + $33 / 4$ CUP
1 1/4 CUP
2 1/2 TSP
1/4 CUP
4 CUP
1/4 CUP
$61 / 4$ LB
$61 / 4$ LB

## STEP1 <br> Dissolve yeast in warm water. Let stand 4-5 minutes.

## STEP 2

Place flour, milk, sugar, and salt in mixer bowl. Using a whip, blend on low speed for 4 minutes

## STEP 3

Add dissolved yeast and oil. Blend on medium speed for about 10 minutes. Batter will be lumpy.

## STEP 4

Oil sheet pans and lightly dust with flour.

## STEP 5

Pour 3 1b. 6 oz. ( $1 \frac{1}{2}$ qt.) of batter onto each sheet pan. Let sta nd for 20 minutes.

## STEP 6

Prebake until crust is set:
Conventional oven- 475 degrees $F$ for 10 minutes
Convection oven- 425 degrees $F$ for 7 minutes

## STEP 7

Combine second measure of oil and garlic powder. Brush the season ed oil mixture over baked crusts

## STEP 8

Mix cheeses together and top each crust with the cheese.

## STEP 9

Return pans to oven for approximately 7-10 minutes until cheese is melted.

## STEP 10

Cut each pan of topped crust into 20 servings $(4 \times 5)$.
CCP: Hold for hot service at 140 degrees F.

| Calories | 421 |  | Iron | 1.92 | Mg | Protein | 21.86 | G | 20.79\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 41 | Mg | Calcium | 535 | Mg | Carbohydrates | 33.04 | G | 31.42\% | Calories from Carb |
| Sodium | 437 | Mg | Vitamin A | 398 | IU | Total Fat | 22.15 | G | 47.38\% | Calories from T Fat |
| Dietary Fiber | 1.08 | G | Vitamin C | 0.7 | Mg | Saturated Fat | 9.35 | G | 20.00\% | Calories from S Fat |

## Chartwells School Dining Services

| 990358 - PlainPizza,7',ProofPerfect |  |  |
| :---: | :---: | :---: |
| Source: P-63 |  |  |
| Number of Portions: 1 |  |  |
| Size of Portion: 1 Each | Grain/Bread 5 SRV. |  |
|  | Milk 0 FLOZ |  |
| Alternate Menu Name: $\quad \begin{aligned} & \text { Homemade Personal } \\ & \text { Cheese Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Personal } \\ & \text { Cheese Pizza }\end{aligned}$ |  |  |
|  |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. |
|  |  | To make each pizza: |
|  |  | STEP 1 |
|  |  | Spray a sheet pan lightly with vegetable cooking spray. |
| 993607 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 (1 crust) | STEP 2 |
|  |  | Place pizza crusts on the sheet pan. 7 pizzas will fit on one pan. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1 teaspoon of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1/4 CUP | STEP 4 |
|  |  | Place a 2 oz. ladle pizza sauce ( $1 / 4$ cup) in the center of the piz za. |
|  |  | Use the back of the ladle to spread the sauce within $1 / 4^{\prime \prime}$ of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M | 2 OZ | STEP 5 |
|  |  | Place 2 oz. ( $1 / 2 \mathrm{cup}$ ) of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. |

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| 090019 OREGANO LEAVES,DRIED. | ..................... | 1/8 TSP |  | STEP 6 <br> Sprinkle oregano ov <br> STEP 7 <br> BAKE: Use guidelin 5 minutes. Bake unt Adjust time and temp <br> Convection Oven- <br> Conveyor (Impinge <br> Conventional Oven <br> CCP: Heat to $165^{\circ}$ <br> STEP 8 <br> Remove the pizza fro into 6 slices and serv CCP: Hold for hot s <br> Subrecipe for Seas (makes 2 cups- eno <br> Ingredient <br> 2 cups <br> 4 Tablespoons 2 tsp. <br> 2 tsp. <br> 4 Tablespoons 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. | of the finis <br> Bake by melts and ccordingly <br> F for 7 <br> 00 degre <br> ees F for <br> for at lea <br> n. Allow ately OR $40^{\circ} \mathrm{F}$ or h <br> pizzas): <br> easure <br> arlic ed dried | shed pizza. <br> sight. Check pizza first at crust turns golden brown. . <br> -10 minutes. <br> es for 12-15 minutes. <br> 12-15 minutes <br> st 15 seconds.. <br> to set one minute. Cut igher.. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 606 | Iron | 4.93 Mg | Protein | 26.78 G | 17.66\% | Calories from Prot |
| Cholesterol 39 Mg | Calcium | 450 Mg | Carbohydrates | 69.38 G | 45.76\% | Calories from Carb |
| Sodium 1099 Mg | Vitamin A | 507 IU | Total Fat | 23.51 G | 34.89\% | Calories from T Fat |
| Dietary Fiber 4.91 G | Vitamin C | 10.7 Mg | Saturated Fat | 11.39 G | 16.90\% | Calories from S Fat |

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| 090019 OREGANO LEAVES,DRIED. | ..................... | 1/8 TSP |  | STEP 6 <br> Sprinkle oregano ov <br> STEP 7 <br> BAKE: Use guidelin 5 minutes. Bake unti Adjust time and temp <br> Convection Oven- <br> Conveyor (Impinge <br> Conventional Oven <br> CCP: Heat to $165^{\circ} \mathrm{F}$ <br> STEP 8 <br> Remove the pizza fro into 6 slices and serv <br> CCP: Hold for hot s <br> Subrecipe for Seas (makes 2 cups- enoug <br> Ingredient <br> 2 cups <br> 4 Tablespoons <br> 2 tsp. <br> 2 tsp. <br> 4 Tablespoons <br> 1 tsp. <br> 1 tsp. <br> Method: Put all ingr combine. Pour into labeled container. | of the finished pizza. <br> Bake by sight. Check pizza first at melts and crust turns golden brown. cordingly. <br> F for 7-10 minutes. <br> 00 degrees for 12-15 minutes. <br> ees $F$ for 12-15 minutes <br> for 15 seconds. <br> n. Allow to set one minute. Cut tely, OR <br> $40^{\circ} \mathrm{F}$ or higher.. <br> pizzas): <br> easure <br> arlic <br> ed <br> dried <br> a mixing bowl. Whisk thoroughly to queeze bottle or keep in a covered |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Calories 588 | Iron | 4.97 Mg | Protein | 27.09 G | 18.43\% Calories from Prot |
| Cholesterol 34 Mg | Calcium | 455 Mg | Carbohydrates | 69.35 G | 47.18\% Calories from Carb |
| Sodium 1002 Mg | Vitamin A | 512 IU | Total Fat | 21.37 G | 32.71\% Calories from T Fat |
| Dietary Fiber 5.05 G | Vitamin C | 10.7 Mg | Saturated Fat | 10.50 G | 16.07\% Calories from S Fat |

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| 990348 - Pizza, barbecue chicken 7", PP |  |  |
| :---: | :---: | :---: |
| Source: P-63D |  |  |
| Number of Portions: 1 | Grain/Bread 5 SRV. |  |
| Size of Portion: 1 Each | F/VIJ 0 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: Homemade Personal |  |  |
| Barbecue chicken Pizza |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Personal } \\ & \text { Barbecue Chicken Pizza }\end{aligned}$ |  |  |
|  |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. |
|  |  | To make each pizza: |
|  |  | STEP |
|  |  | Spray a sheet pan lightly with vegetable cooking spray. |
| 993607 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 (1 crust) | STEP 2 |
|  |  | Place pizza crusts on the sheet pan. 7 pizzas will fit on one pan . |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1 teaspoon of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 006150 SAUCE,BARBECUE SAUCE............................. | 1/4 CUP | STEP 4 |
|  |  | Place a 2 oz. ladle of BBQ sauce ( $1 / 4$ cup) in the center of the |
|  |  | the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 005360 CHICK,DICED,CKD,FROZEN-COMMOD. | $\begin{aligned} & 2 \mathrm{OZ} \\ & 1 / 4 \mathrm{OZ} \end{aligned}$ | STEP 5 |
|  |  | Place 2 oz. (1/2 cup) of shredded cheese in the center of the |
|  |  | pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ |
|  |  | inch of the dough's edge. |
|  |  | Add approximately $1 / 4 \mathrm{oz}$ of diced chicken, evenly distributed. |

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| 990353 - Pizza, mushroom 7', PP |  |  |
| :---: | :---: | :---: |
| Source: P-63F | Meat/Alt 2 oz. Grain/Bread 5 SRV. |  |
| Number of Portions: 1 |  |  |
| Size of Portion: 1 Each | Grain/Bread 5 SRV. |  |
|  | Milk 0 FLOZ |  |
| Alternate Menu Name: $\begin{aligned} & \text { Homemade Personal } \\ & \text { Mushroom Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: Fresh Baked Personal Mushroom Pizza | Fresh Baked Personal Mushroom Pizza |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a sheet pan lightly with vegetable cooking spray. |
| 993607 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 (1 crust) | STEP 2 <br> Place pizza crusts on the sheet pan. 7 pizzas will fit on one pan. |
| 004044 OIL,SOYBN,SALAD OR COOKING.................... | 1 TSP | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1 teaspoon of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866.......................... | 1/4 CUP | STEP 4 <br> Place a 2 oz. ladle pizza sauce ( $1 / 4$ cup) in the center of the piz za. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 990097 MUSHROOMS,FRESH 285196. | $\begin{aligned} & 2 \mathrm{OZ} \\ & 1 / 4 \text { CUP, pieces } \end{aligned}$ | STEP 5 <br> Place 2 oz. ( $1 / 2$ cup) of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Add 1/4 Cup of fresh mushrooms. |

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| 990349 - Pizza, broccoli 7', PP |  |  |
| :---: | :---: | :---: |
| Source: P-63G | Meat/Alt 2 oz. Grain/Bread 5 SRV. |  |
| Number of Portions: 1 |  |  |
| Size of Portion: 1 Each | F/V/J 0.5 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: $\begin{aligned} & \text { Homemade Personal } \\ & \text { Broccoli Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: Fresh Baked Personal Broccoli Pizza |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a sheet pan lightly with vegetable cooking spray. |
| 993607 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 (1 crust) | STEP 2 <br> Place pizza crusts on the sheet pan. 7 pizzas will fit on one pan . |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1 teaspoon of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1/4 CUP | STEP 4 <br> Place a 2 oz. ladle pizza sauce ( $1 / 4 \mathrm{cup}$ ) in the center of the piz za. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 011090 BROCCOLI,RAW. | $\begin{aligned} & 2 \text { OZ } \\ & 1 / 4 \text { CUP, chopped } \end{aligned}$ | STEP 5 <br> Place 2 oz. ( $1 / 2 \mathrm{cup}$ ) of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Add 1/4 Cup of fresh broccoli. |

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| 990350 - Pizza, chicken parmesan 7', PP |  |  |
| :---: | :---: | :---: |
| Source: P-63H | Meat/Alt 2 oz. Grain/Bread 5 SRV. |  |
| Number of Portions: 1 |  |  |
| Size of Portion: 1 Each | F/VIJ 0.25 Cup |  |
|  | Milk 0 FLOZ |  |
| Alternate Menu Name: $\quad \begin{aligned} & \text { Homemade Personal } \\ & \text { Chicken parmesan Pizza }\end{aligned}$ |  |  |
|  |  |  |  |  |
| 2nd Alternate Menu Name: Fresh Baked Personal |  |  |
|  |  |  |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. |
|  |  | To make each pizza: |
|  |  | STEP 1 |
|  |  | Spray a sheet pan lightly with vegetable cooking spray. |
| 993607 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 (1 crust) | STEP 2 |
|  |  | Place pizza crusts on the sheet pan. 7 pizzas will fit on one pan. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1 teaspoon of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1/4 CUP | STEP 4 |
|  |  | Place a 2 oz. ladle pizza sauce ( $1 / 4$ cup) in the center of the piz za. |
|  |  | Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 005360 CHICK,DICED,CKD,FROZEN-COMMOD.............. | $\begin{aligned} & 2 \mathrm{OZ} \\ & 1 / 4 \mathrm{OZ} \end{aligned}$ | STEP 5 |
|  |  | Place 2 oz. (1/2 cup) of shredded cheese in the center of the |
|  |  | pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ |
|  |  | inch of the dough's edge. |
|  |  | Add approximately $1 / 4 \mathrm{oz}$ of diced chicken, evenly distributed. |

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| 990352 - Pizza, meatball, 7', PP |  |  |
| :---: | :---: | :---: |
| Source: P-631 | Meat/Alt 2.5 oz . <br> Grain/Bread 5 SRV. |  |
| Number of Portions: 1 |  |  |
| Size of Portion: 1 Each | F/V/J 0.25 Cup Milk 0 FLOZ |  |
|  |  |  |
| Alternate Menu Name: $\begin{aligned} & \text { Homemade Personal } \\ & \text { Meatball Pizza }\end{aligned}$ |  |  |
| 2nd Alternate Menu Name: $\begin{aligned} & \text { Fresh Baked Personal } \\ & \text { Meatball Pizza }\end{aligned}$ |  |  |
|  |  |  |
| 000154 vegetable cooking spray................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. |
|  |  | To make each pizza: |
|  |  | STEP 1 |
|  |  | Spray a sheet pan lightly with vegetable cooking spray. |
| 993607 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 (1 crust) | STEP 2 <br> Place pizza crusts on the sheet pan. 7 pizzas will fit on one pan. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | STEP 3 |
|  |  | Spray or brush the top of the crust with a very sparing amount of oil (approximately 1 teaspoon of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1/4 CUP | STEP 4 |
|  |  | Place a 2 oz. ladle pizza sauce ( $1 / 4$ cup) in the center of the piz za. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 990591 FC BeefCharbroilMeatballsw/VPP,Advance\#17-50 | $\begin{aligned} & 2 \mathrm{OZ} \\ & 1 / 2 \mathrm{OZ} \end{aligned}$ | STEP 5 |
|  |  | Place 2 oz. (1/2 cup) of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ |
|  |  | Add a $1 / 2$ oz meatball (Check CN label for meat/meat alternate contribution) - chopped, evenly distributed. |

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| 990355 - Pizza, Roma tomato\&onio 7', PP |  |  |
| :---: | :---: | :---: |
| Source: P-63J | Meat/Alt 2 oz. <br> Grain/Bread 5 SRV. |  |
| Number of Portions: 1 |  |  |
| Size of Portion: 1 Each | F/VIJ 0.5 Cup Milk 0 FLOZ |  |
| Alternate Menu Name: $\quad$Homemade Personal <br> Roma tomato/onion Pizza |  |  |
| $\begin{array}{ll}\text { 2nd Alternate Menu Name: } & \begin{array}{l}\text { Fresh Baked Personal } \\ \text { Roma tomato/onion Pizza }\end{array}\end{array}$ |  |  |
| 000154 vegetable cooking spray.................................... | 1 light coating | CCP: To avoid bare handed contact, use single -use gloves when preparing ready-to-eat foods. <br> To make each pizza: <br> STEP 1 <br> Spray a sheet pan lightly with vegetable cooking spray. |
| 993607 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 (1 crust) | STEP 2 <br> Place pizza crusts on the sheet pan. 7 pizzas will fit on one pan . |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | STEP 3 <br> Spray or brush the top of the crust with a very sparing amount of oil (approximately 1 teaspoon of oil per pizza). Use seasoned oil for optimal flavor (see subrecipe for seasoned oil below). |
| 993606 Pizza Sauce, Angela Mia \#38866........................ | 1/4 CUP | STEP 4 <br> Place a 2 oz. ladle pizza sauce ( $1 / 4 \mathrm{cup}$ ) in the center of the piz za. Use the back of the ladle to spread the sauce within $1 / 4$ " of the rim of the pizza. |
| 001029 CHEESE,MOZZARELLA,PART SKIM MILK,LO M 075076 TOMATOES,FRESH,RED RIPE. <br> 993618 ONIONS,FRESH. | $\begin{aligned} & 2 \mathrm{OZ} \\ & 4 \text { slice } 1 / 10 \\ & 1 \text { TBSP, chopped } \end{aligned}$ | STEP 5 <br> Place 2 oz. ( $1 / 2 \mathrm{cup}$ ) of shredded cheese in the center of the pizza. Use both hands to evenly distribute the cheese to within $1 / 4$ inch of the dough's edge. <br> Add 4 thin slices of tomatoes and 1 Tbsp. fresh diced onions. |

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| QUANTITY/PORTIONS |  |  |  | METHOD Portion Size - 1 Each |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | INGREDIENTS |  |
| 12 | $\underline{24}$ | 48 |  |  |
| 2 lb . | 4 lb . | 8 lb . | Cooked ground beef (85/15) | STEP 1 |
| 2 cups | 1⁄2 \# 10 can | 1 \# 10 can | Crushed tomatoes | Mix together the cooked ground beef, crushed |
| $1 / 2$ cup | 1 cup | 2 cups | Finely chopped onion | tomatoes, chopped onion, chopped green pepper, |
| $1 / 2$ cup | 1 cup | 2 cups | Chopped green bell pepper | garlic, parsley, mint, tomato paste, paprika, allspice, |
| 1 tsp. | 2 tsp. | 1 tbsp. + 1 tsp. | Minced garlic | salt, pepper and cayenne pepper. Set it aside. |
| $1 / 4$ cup | $1 / 2$ cup | 1cup | Finely chopped parsley |  |
| 2 tsp. | 1 tbsp. + 1 tsp. | 2 tbsp. + 2 tsp. | Dried mint | STEP 2 |
| 1 tbsp. | 2 tbsp. | $1 / 4$ cup | Tomato paste | Arrange the pizza rounds on sheet pans sprayed with |
| $1 / 2$ tsp. | 1 tsp. | 2 tsp. | Paprika | pan spray. Allow the dough to rise slightly. Cover |
| $1 / 4$ tsp. | 1/2 tsp. | 1 tsp. | Allspice | the entire surface with $2-1 / 2 \mathrm{oz}$. meat/vegetable |
| Dash | Dash | Dash | Black pepper | mixture. Bake at 375 degrees for about 25-35 minutes. |
| 1/8 tsp. | $1 / 4 \mathrm{tsp}$. | $1 / 2$ tsp. | Cayenne pepper |  |
| 12 | 24 | 48 | Rich's Pizza Shell 7" round |  |
| COMPONENTS PER PORTION |  |  |  |  |

2 oz . of meat/meat alternate, 3 servings of
bread/grains, $1 / 8$ cup vegetables

| NUTRIENT | Amount per Serving |
| :--- | :---: |
|  |  |
| Calories | 492 |
| Protein | 26.12 g |
| Carbohydrates | 73.05 g |
| Fat-total | 10.62 g |
| Saturated Fat | 3.32 g |
| Cholesterol | 44 mg |
| Vitamin A (RE) | 44 RE |
| Vitamin C | 15.1 mg |
| Iron | 2.46 mg |
| Calcium | 20 mg |
| Sodium | 868 mg |
| Fiber | 3.38 g |
| \% Protein | 21.23 |
| \% Carbohydrate | 59.37 |
| \% Total Fat | 19.43 |
| \% Saturated Fat | 6.08 |

990327-Cheese Calzone
Source: P-85
Number of Portions: 1
Size of Portion: 1 Each
Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete.................................................... 000154 vegetable cooking spray...... | $\begin{aligned} & 1 \text { (1 crust) } \\ & 1 \text { light coating } \end{aligned}$ | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with pan spray. |
| :---: | :---: | :---: |
| 001037 CHEESE,RICOTTA,PART SKIM MILK. 002020 GARLIC POWDER. <br> 002026 ONION POWDER. <br> 002030 PEPPER,BLACK... <br> 001028 CHEESE,MOZZARELLA,PART SKIM MILK. 001032 CHEESE,PARMESAN,GRATED. 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & \hline 1 \mathrm{1} / 2 \mathrm{OZ} \\ & 1 \mathrm{TSP} \\ & 1 \mathrm{TSP} \\ & 1 / 4 \mathrm{TSP} \\ & 11 / 2 \mathrm{OZ} \\ & 1 \mathrm{TBSP} \\ & 1 \mathrm{TSP} \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> Combine remaining ingredients (ricotta cheese, garlic powder, onion powder, black pepper, mozzarella cheese \& parmesan cheese) to make the filling. <br> STEP 3 To make each CALZONE: <br> A. Flatten the dough slightly pulling the edges to increase the di ameter by 1-1 $1 / 2$ inches. Keep the circle shape. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared circle of dough in front of you. Place two \#8 scoops of filling just below the center. <br> C. Moisten the inside edge of the dough (about 1 -inch) lightly with water. Taking the top edge, fold it over the filling and line it up with the bottom edge. The filled dough should be crescent shape. Using your fingers seal the dough together well. A little water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, place a small slit in the top of the dough to allow steam to escape. <br> F. Brush the top of the dough lightly with seasoned oil (see subre cipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minutes. Bake until crust turns golden brown and cheese inside has melted. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven- 450 degrees $F$ for 12-15 minutes. <br> CCP: Heat to 145 degrees $F$ for 15 seconds. |

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990328 - Four Cheese Calzone
Source: P-85A
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray. | $\begin{aligned} & 1 \text { (1 crust) } \\ & 1 \text { light coating } \end{aligned}$ | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with pan spray. |
| :---: | :---: | :---: |
| 001037 CHEESE,RICOTTA,PART SKIM MILK. <br> 050151 Italian Seasoning Mix. <br> 002030 PEPPER,BLACK. <br> 001028 CHEESE,MOZZARELLA,PART SKIM MILK <br> 001035 CHEESE,PROVOLONE <br> 001032 CHEESE,PARMESAN,GRATED. <br> 004044 OIL,SOYBN,SALAD OR COOKING. | 1 OZ $1 / 4$ TSP <br> 1/8 TSP <br> 1 OZ <br> 1 OZ <br> 1 TBSP <br> 1 TSP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> Combine remaining ingredients (ricotta cheese, Italian seasoning, black pepper, mozzarella cheese, provolone \& parmesan cheese) to make the filling. <br> STEP 3 To make each CALZONE: <br> A. Flatten the dough slightly pulling the edges to increase the di ameter by 1-1 $1 / 2$ inches. Keep the circle shape. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared circle of dough in front of you. Place two \#8 scoops of filling just below the center. <br> C. Moisten the inside edge of the dough (about 1 -inch) lightly with water. Taking the top edge, fold it over the filling and line it up with the bottom edge. The filled dough should be crescent shape. Using your fingers seal the dough together well. A little water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, place a small slit in the top of the dough to allow steam to escape. <br> F. Brush the top of the dough lightly with seasoned oil (see subre cipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minutes. Bake until crust turns golden brown and cheese inside has melted. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees $F$ for $7-10$ minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Heat to 145 degrees $F$ for 15 seconds. |

## Chartwells School Dining Services



| Calories | 660 |  | Iron | 5.92 | Mg | Protein | 31.41 | G | 19.03\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 52 | Mg | Calcium | 619 | Mg | Carbohydrates | 75.21 | G | 45.55\% | Calories from Carb |
| Sodium | 1477 | Mg | Vitamin A | 940 | IU | Total Fat | 25.41 | G | 34.63\% | Calories from T Fat |
| Dietary Fiber | 5.88 | G | Vitamin C | 15.5 | Mg | Saturated Fat | 13.24 | G | 18.05\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

Chartwells School Dining Services

007097 - Three Cheese Spinach Calzone
Source: P-85B
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.75 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray. | $\begin{aligned} & 1 \text { (1 crust) } \\ & 1 \text { light coating } \end{aligned}$ | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with pan spray. |
| :---: | :---: | :---: |
| 001037 CHEESE,RICOTTA,PART SKIM MILK. 002020 GARLIC POWDER. 002026 ONION POWDER. 002030 PEPPER,BLACK. 001028 CHEESE,MOZZARELLA,PART SKIM MILK. 001032 CHEESE,PARMESAN,GRATED. 011463 SPINACH,FRZ,CHOPD OR LEAF,UNPREP. 004044 OIL,SOYBN,SALAD OR COOKING.. | $11 / 2 \mathrm{OZ}$ 1 TSP 1 TSP $1 / 4$ TSP $11 / 2 \mathrm{OZ}$ 1 TBSP $1 / 4 \mathrm{CUP}$ 1 TSP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> Combine remaining ingredients (ricotta cheese, garlic powder, onion powder, black pepper, mozzarella cheese \& parmesan cheese and spinach) to make the filling. <br> STEP 3 To make each CALZONE: <br> A. Flatten the dough slightly pulling the edges to increase the di ameter by 1-1 $1 / 2$ inches. Keep the circle shape. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared circle of dough in front of you. Place two \#8 scoops of filling just below the center. <br> C. Moisten the inside edge of the dough (about 1 -inch) lightly with water. Taking the top edge, fold it over the filling and line it up with the bottom edge. The filled dough should be crescent shape. Using your fingers seal the dough together well. A little water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, place a small slit in the top of the dough to allow steam to escape. <br> F. Brush the top of the dough lightly with seasoned oil (see subre cipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minutes. Bake until crust turns golden brown and cheese inside has melted. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven- 450 degrees $F$ for 12-15 minutes. <br> CCP: Heat to 145 degrees $F$ for 15 seconds. |

## Chartwells School Dining Services



| Calories | 646 |  | Iron | 6.74 | Mg | Protein | 31.47 | G | 19.48\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 46 | Mg | Calcium | 623 | Mg | Carbohydrates | 81.42 | G | 50.40\% | Calories from Carb |
| Sodium | 1365 | Mg | Vitamin A | 5371 | IU | Total Fat | 21.57 | G | 30.04\% | Calories from T Fat |
| Dietary Fiber | 7.48 | G | Vitamin C | 25.8 | Mg | Saturated Fat | 10.66 | G | 14.84\% | Calories from S Fat |

007096 - Sicilian Calzone
Source: P-85C Meat/Alt 3 oz
Number of Portions: 1
Size of Portion: 1 Each
Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup

Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray | $\begin{aligned} & 1 \text { (1 crust) } \\ & 1 \text { light coating } \end{aligned}$ | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with pan spray. |
| :---: | :---: | :---: |
| 001037 CHEESE,RICOTTA,PART SKIM MILK. <br> 050151 Italian Seasoning Mix. <br> 002030 PEPPER,BLACK. <br> 001028 CHEESE,MOZZARELLA,PART SKIM MILK <br> 001032 CHEESE,PARMESAN,GRATED. <br> 007068 SALAMI CKD BF. <br> 004044 OIL,SOYBN,SALAD OR COOKING. | 1 OZ $1 / 4 \mathrm{TSP}$ 1/8 TSP <br> 1 OZ <br> 1 TBSP <br> 1 OZ <br> 1 TSP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> Combine remaining ingredients (ricotta cheese, italian seasoning, black pepper, mozzarella cheese, diced salami \& parmesan cheese) to make the filling. <br> STEP 3 To make each CALZONE: <br> A. Flatten the dough slightly pulling the edges to increase the di ameter by $1-1 \frac{1}{2}$ inches. Keep the circle shape. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared circle of dough in front of you. Place two \#8 scoops of filling just below the center. <br> C. Moisten the inside edge of the dough (about 1 -inch) lightly with water. Taking the top edge, fold it over the filling and line it up with the bottom edge. The filled dough should be crescent shape. Using your fingers seal the dough together well. A little water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, place a small slit in the top of the dough to allow steam to escape. <br> F. Brush the top of the dough lightly with seasoned oil (see subre cipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minutes. Bake until crust turns golden brown and cheese inside has melted. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. |

## Chartwells School Dining Services

| 993610 Pizza Sauce, Angela Mia \#38866. | 1/2 CUP | STEP 4 <br> Serve each calz side for dipping. CCP: Hold for | mmediately with $1 / 2$ cup <br> rvice at $140^{\circ} \mathrm{F}$ or high |
| :---: | :---: | :---: | :---: |
|  |  | Subrecipe for Seasoned Oil: (makes 2 cups- enough for 96 calzones): |  |
|  |  | Ingredient Weight or Measure |  |
|  |  | 2 cups | Vegetable oil |
|  |  | 4 Tablespoons | Granulated garlic |
|  |  | $\begin{aligned} & 2 \text { tsp. } \\ & 2 \text { tsp. } \end{aligned}$ | Basil leat, dried |
|  |  | 4 Tablespoons | Parsley, dried |
|  |  | 1 tsp. | Salt |
|  |  | 1 tsp. | Black pepper |
|  |  | Method: Put al combine. Pour container. | dients in a mixing bo labeled squeeze bot |


| Calories | 634 |  | Iron | 6.39 | Mg | Protein | 27.73 | G | 17.50\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 53 | Mg | Calcium | 407 | Mg | Carbohydrates | 75.14 | G | 47.41\% | Calories from Carb |
| Sodium | 1552 | Mg | Vitamin A | 691 | IU | Total Fat | 24.16 | G | 34.29\% | Calories from T Fat |
| Dietary Fiber | 5.88 | G | Vitamin C | 15.5 | Mg | Saturated Fat | 11.20 | G | 15.90\% | Calories from S Fat |

Chartwells School Dining Services

990326 - Broccoli \& Cheese Calzone
Source: P-85D
Number of Portions: 1
Size of Portion: 1 Each
Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/VIJ 0.75 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete.................................................... 000154 vegetable cooking spray...... | $\begin{aligned} & 1 \text { (1 crust) } \\ & 1 \text { light coating } \end{aligned}$ | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with pan spray. |
| :---: | :---: | :---: |
| 001037 CHEESE,RICOTTA,PART SKIM MILK. 050151 Italian Seasoning Mix. 002030 PEPPER,BLACK. 001028 CHEESE,MOZZARELLA,PART SKIM MILK. 001032 CHEESE,PARMESAN,GRATED.. 011092 BROCCOLI,FRZ,CHOPD,UNPREP. 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & \hline 11 / 2 \mathrm{OZ} \\ & 1 / 4 \mathrm{TSP} \\ & 1 / 8 \mathrm{TSP} \\ & 11 / 2 \mathrm{OZ} \\ & 1 \mathrm{TBSP} \\ & 1 / 4 \mathrm{CUP} \\ & 1 \mathrm{TSP} \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> Combine remaining ingredients (ricotta cheese, italian seasoning, black pepper, mozzarella cheese \& parmesan cheese and broccoli) to make the filling. <br> STEP 3 To make each CALZONE: <br> A. Flatten the dough slightly pulling the edges to increase the di ameter by 1-1 $1 / 2$ inches. Keep the circle shape. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared circle of dough in front of you. Place two $\# 8$ scoops of filling just below the center. <br> C. Moisten the inside edge of the dough (about 1 -inch) lightly with water. Taking the top edge, fold it over the filling and line it up with the bottom edge. The filled dough should be crescent shape. Using your fingers seal the dough together well. A little water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, place a small slit in the top of the dough to allow steam to escape. <br> F. Brush the top of the dough lightly with seasoned oil (see subre cipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minutes. Bake until crust turns golden brown and cheese inside has melted. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees F for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Heat to 145 degrees $F$ for 15 seconds. |

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## 990329 - Primavera Calzone

Source: P-85E
Number of Portions: 1
Size of Portion: 1 Each
Meat/Alt 3 oz.
Grain/Bread 5 SRV
F/V/J 0.75 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray | 1 (1 crust) 1 light coating | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with pan spray. |
| :---: | :---: | :---: |
| 001037 CHEESE,RICOTTA,PART SKIM MILK. <br> 050151 Italian Seasoning Mix. <br> 002030 PEPPER,BLACK. <br> 001028 CHEESE,MOZZARELLA,PART SKIM MILK. <br> 001032 CHEESE,PARMESAN,GRATED. <br> 001902R roasted Italian vegetables. <br> 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & 11 / 2 \mathrm{OZ} \\ & 1 / 4 \mathrm{TSP} \\ & 1 / 8 \mathrm{TSP} \\ & 11 / 2 \mathrm{OZ} \\ & 1 \mathrm{TBSP} \\ & 1 / 2(1 / 2 \text { cup) } \\ & 1 \mathrm{TSP} \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> Combine remaining ingredients (ricotta cheese, italian seasoning, black pepper, mozzarella cheese \& parmesan cheese and Roasted Italian vegetables (HVG-186) to make the filling. <br> STEP 3 To make each CALZONE: <br> A. Flatten the dough slightly pulling the edges to increase the diameter by 1-1 $1 / 2$ inches. Keep the circle shape. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared circle of dough in front of you. Place two \#8 scoops of filling just below the center. <br> C. Moisten the inside edge of the dough (about 1 -inch) lightly with water. Taking the top edge, fold it over the filling and line it up with the bottom edge. The filled dough should be crescent shape. Using your fingers seal the dough together well. A little water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, place a small slit in the top of the dough to allow steam to escape. <br> F. Brush the top of the dough lightly with seasoned oil (see subre cipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minutes. Bake until crust turns golden brown and cheese inside has melted. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. |

## Chartwells School Dining Services



| Calories | 616 |  | Iron | 5.86 | Mg | Protein | 29.21 | G | 18.96\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 46 | Mg | Calcium | 554 | Mg | Carbohydrates | 75.73 | G | 49.14\% | Calories from Carb |
| Sodium | 1334 | Mg | Vitamin A | 813 | IU | Total Fat | 21.24 | G | 31.01\% | Calories from T Fat |
| Dietary Fiber | 5.88 | G | Vitamin C | 15.5 | Mg | Saturated Fat | 10.53 | G | 15.38\% | Calories from S Fat |


| QUANTITY/PORTIONS |  |  |
| :---: | :---: | :---: |
| 6 (1 pizza) | 30 (5 pizzas) | 60 (10 pizzas) |
| 1 | 5 | 10 |
| 3/4 tsp. | $23 / 4$ tsp. | $71 / 2$ tsp. |
| $11 / 2$ cup | $1 \mathrm{qt}+3^{1 / 2}$ cups | 3 qt . +3 cups |
| 1 cup | 5 cups | $21 / 2 \mathrm{qt}$. |
| $11 / 2$ cup | $1 \mathrm{qt}+31 / 2$ cups | 3 qt . +3 cups |
| 4 oz . | $1 \mathrm{lb} .+4 \mathrm{oz}$. | $2 \mathrm{lb} .+8 \mathrm{oz}$. |
| 4 oz . | $1 \mathrm{lb} .+4 \mathrm{oz}$. | $2 \mathrm{lb} .+8 \mathrm{oz}$. |
| 4 oz . | $1 \mathrm{lb} .+4 \mathrm{oz}$. | $2 \mathrm{lb} .+8 \mathrm{oz}$. |
| $1 / 2$ cup | $21 / 2$ cups | 5 cups |

## COMPONENTS PER PORTION

4.8 servings of bread/grains, 2 oz. meat/meat alternate, $2 / 3$ cup vegetables

|  |  |  |
| :--- | :---: | :---: |
| NUTRIENT | Amount per Serving |  |
| Calories |  |  |
| Protein | 460 |  |
| Carbohydrates | 24.33 g |  |
| Fat-total | 67.47 g |  |
| Saturated Fat | 10.25 g |  |
| Cholesterol | 2.17 g |  |
| Vitamin A | 39 mg |  |
| Vitamin C | 249 RE |  |
| Iron | 93 mg |  |
| Calcium | 4.32 mg |  |
| Sodium | 44 mg |  |
| Fiber | 1317 mg |  |
| \% Protein | 4.20 g |  |
| \% Carbohydrate | 21.41 |  |
| \% Total Fat | 58.73 |  |
| \% Saturated Fat | 20.08 |  |
|  | 4.25 | NK5585 |

Portion Size - 1 Slice (1/6 pizza)

## INGREDIENTS

16" Pizza dough, 26 oz., sheeted Seasoned oil, in a labeled spray bottle
Green peppers, diced
Onions, fresh, diced
Broccoli, chopped
Ham, $95 \%$ fat free, diced*
Turkey breast, deli meat, diced
Cooked diced chicken, commod Ranch dressing, lite/low calorie, in a labeled squeeze bottle
*If turkey ham is used, increase the ham to 6 oz ./pizza.

## METHOD

## STEP 1

See Pizza Dough Handling Guidelines. Spray pizza screens or sheet pans, whichever applies, well with pan spray.

## STEP 2

Remove desired number of pizza dough rounds from the freezer. Place on prepared screens or pans and allow to thaw slightly until soft. Dock the dough. Spray the entire surface of each dough including the edges with seasoned oil ( $3 / 4 \mathrm{tsp}$. per dough).

## STEP 3

Combine green peppers, onions, and broccoli in a mixing bowl or steamtable pan. For each pizza, distribute 4 cups of the vegetable mixture over the pizza to within $1 / 4^{\prime \prime}$ of the edge of the dough.

## STEP 4

Combine ham, turkey, and cooked diced chicken together in a mixing bowl or steamtable pan. For each pizza, weigh out 12 oz . of the meat mixture and distribute over the vegetables. If turkey ham is used, weigh out 14 oz. of the meat for each pizza.

## STEP 5

Using the squeeze bottle and a sweeping motion, squirt $1 / 2$ cup of ranch dressing over each pizza, decorating the top of each pie with attractive zig-zag designs.

## STEP 6

Bake the pizza a pre-heated 375 degree convection oven for 7-10 minutes or until meats have been reheated to 165 degrees F for 15 seconds and the crust crispy and brown on the bottom and edges.

## STEP 7

Remove the pizza from the oven. Cut into 6 slices and serve immediately.

RECIPE VARIATIONS ARE ON THE FOLLOWING PAGE.

## Canyon Resort Pizza Variations (P-87)

| Variation | Variation | Nutrients per Portion |  |  |  |  |  |  |  |  |  |  |  | Components per Portion |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cal. | $\begin{aligned} & \text { Chol } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline \text { Sod- } \\ & \text { ium } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | Fiber <br> (g) | $\begin{aligned} & \text { Iron } \\ & (\mathrm{mg}) \end{aligned}$ | $\begin{aligned} & \hline \text { Calc } \\ & \text {-ium } \\ & \text { (mg) } \\ & \hline \end{aligned}$ | $\begin{array}{\|l\|} \hline \hline \text { Vit. } \\ \text { A } \\ \text { (RE) } \\ \hline \end{array}$ | $\begin{array}{\|l\|} \hline \hline \text { Vit. } \\ \text { C } \\ \text { (mg) } \\ \hline \end{array}$ | $\begin{array}{\|l} \hline \begin{array}{l} \text { Pro- } \\ \text { tein } \\ (\mathrm{g}) \end{array} \\ \hline \end{array}$ | $\begin{aligned} & \text { Carb } \\ & \text { (g) } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { Fat } \\ & (\mathrm{g}) \\ & \hline \end{aligned}$ | $\begin{array}{\|l\|} \hline \text { Sat. } \\ \text { Fat. } \\ (\mathrm{g}) \\ \hline \end{array}$ |  |
| A. <br> 8-Cut <br> Pizza <br> Portion <br> cost \$0.68 <br> NK5586 | Increase the amount of ham, turkey, and chicken on each pie to $51 / 3 \mathrm{oz}$. each (total weight of meat mixture/pie $=16 \mathrm{oz}$.). If turkey ham is used, increase the amount of ham per pizza to 8 oz. (total amount of meat mixture per pizza $=182 / 3 \mathrm{oz}$.). <br> Keep all other ingredients/amounts the same. | 365 | 38 | 1127 | 3.15 | 3.35 | 34 | 188 | 69.7 | 21.6 | 50.6 | 8.4 | 1.8 | 3.6 servings of bread/grains, 2 oz. meat/meat alternate, $1 / 2$ cup vegetables |
| B. <br> 7" <br> Personal <br> Pizza <br> Portion <br> cost \$0.94 <br> NK5589 | Substitute $7^{\prime \prime}$ sheeted white dough, $5^{1 / 2} 20$. each, for 16 " sheeted white dough. <br> For each pizza: <br> - Spray with $1 / 8$ tsp. seasoned oil. <br> - Add mixture $1 / 4$ cup diced peppers, $1 / 4$ cup diced onions, $1 / 4$ cup chopped broccoli, and $2 / 3 \mathrm{oz}$. ham, $2 / 3 \mathrm{oz}$. turkey, and $2 / 3$ oz. chicken. <br> - Add 2 tbsp. ranch dressing. | 604 | 44 | 1669 | 5.03 | 5.62 | 52 | 84 | 55.6 | 28.0 | 92.0 | 13.7 | 2.7 | 6.1 servings of bread/grains, 2 oz. meat/meat alternate, $3 / 4$ cup vegetables |


| QUANTITY/PORTIONS |  |  | INGREDIENTS |
| :---: | :---: | :---: | :---: |
| $\underline{25}$ | 50 | 100 |  |
| 25 each | 50 each | 100 each | 2 oz . steak rolls, cut in half |
|  |  |  | lengthwise |
| 1/2 cup | 1 cup | 2 cups | Seasoned vegetable oil |
| 1 \#10 can | 2 \#10 cans | 4 \#10 cans | Pizza sauce, Don Pepino |
| $3 \mathrm{lb} .+2 \mathrm{oz}$. | $6 \mathrm{lb} .+4 \mathrm{oz}$. | $12 \mathrm{lb} .+8 \mathrm{oz}$. | Mozzarella cheese, part skim, shredded, Commodity |
| $31 / 8$ tsp. | $61 / 4$ tsp. | $121 / 2$ tsp. | Oregano, dried |
| As Needed | As Needed | As Needed | Vegetable cooking spray |

METHOD

## STEP 1

Brush the cut surface side of each steak roll half with about $1 / 2$ tsp. seasoned vegetable oil.

## STEP 2

Ladle $1 / 4$ cup pizza sauce onto each steak roll half over the oil and spread evenly over the surface of the roll.

STEP 3
Spread 1 oz. (1/4 cup) shredded cheese evenly over each steak roll half.

## STEP 4

Sprinkle 1/8 tsp. oregano over each steak roll half.

## STEP 5

Placed finished pizzas on sheet pans that have been sprayed lightly with vegetable cooking spray.

## STEP 5

Place pans in 375 degree ovens and bake for approximately 7-10 minutes until cheese is melted.

## STEP 2

$\overline{1 \text { portion }}=2$ each ( 2 topped hoagie roll halves)

## Recipe Variation A

For Pepperoni French Bread Pizza:
Add 3 thin slices of pepperoni to each topped steak roll half. Nutrients per serving: 630 calories, 46 mg cholesterol, 1672 mg sodium, 2.69 g fiber, 4.38 mg iron, 389.48 mg calcium, 263 RE Vitamin A, 32.46 mg Vitamin C, 30.26 g protein (19.21\%), 70.34 g carbohydrates (44.65\%), 22.97 g fat ( $32.81 \%$ ), 8.65 g saturated fat (12.36\%). Components per portion: 2.2 bread/grains, $21 / 4 \mathrm{oz}$. meat/meat alternate. Cost per portion: $\$ 0.25$ ( $\$ 0.63$ if cheese is purchased).

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990338 - Ham and Cheese Hot Pocket
Source: P-90
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 2 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993609 Cheese sauce, Gehl's low fat cheddar.................... 360901 HAM,CKD,FROZEN,95\% FAT FREE-COMMODIT | $\begin{aligned} & 1 \text { (2 fluid ounces) } \\ & 3 \mathrm{OZ} \end{aligned}$ | STEP 2 <br> Assemble and organize cheese sauce and sliced ham for the filling. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4 \mathrm{inch}$. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 2 oz. ladle to spread $1 / 4$ cup cheese sauce in the center of the dough horizontal ly within 1 -inch of the edge. Top the cheese with 3 oz . thinly sliced ham. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minutes. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees $F$ for $7-10$ minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. |

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## 990335 - Chicken Parmesan Hot Pocket

Source: P-90A
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 2 oz.
Grain/Bread 5 SRV.
F/VIJ 0.75 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993610 Pizza Sauce, Angela Mia \#38866. 005360 CHICK,DICED,CKD,FROZEN-COMMOD 990124 CHEESE,MOZZARELLA,PART SKIM. | $\begin{aligned} & 5 \mathrm{CUP} \\ & 2 \mathrm{OZ} \\ & 1 \mathrm{OZ} \end{aligned}$ | STEP 2 <br> Mix together the following: 1/4 Cup pizza sauce, diced chicken and mozzarella cheese. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 4 oz . spoodle to spread the tomato, cheese, and chicken mixture. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Bake until crust turns golden brown and filling has heated to 145 degrees F for 15 seconds. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees F for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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## 990343 - Taco Hot Pocket

Source: P-90B
Number of Portions: 1
Size of Portion: 1 Each
Meat/Alt 3 oz.
Grain/Bread 5 SRV
F/VIJ 0.75 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating <br> 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993611 SALSA,COMMODITY <br> 990344R Taco Meat (simple). <br> 990121 CHEESE,CHEDDAR,AMERICAN | $\begin{aligned} & \text { 1/4 CUP } \\ & 1 \text { (1/3 cup) } \\ & 1 \text { OZ } \end{aligned}$ | STEP 2 <br> Mix together the following: 1/4 Cup salsa, simple taco meat filling (Recipe HE-223), and 1 oz cheddar cheese. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 6 oz. ladle to spread the salsa, taco meat, and cheese mixture. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees F for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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990334 - Chicken Cheese \& Broccoli Hot
Source: P-90C
Number of Portions: 1
Size of Portion: 1 Each
Alternate Menu Name:

Meat/Alt 2 oz.
Grain/Bread 5 SRV.
F/V/J 0.75 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete. | 1 light coating 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993609 Cheese sauce, Gehl's low fat cheddar. <br> 005360 CHICK,DICED,CKD,FROZEN-COMMOD. <br> 011092 BROCCOLI,FRZ,CHOPD,UNPREP. | $\begin{aligned} & 1 \text { (2 fluid ounces) } \\ & 2 \text { OZ } \\ & 1 / 4 \text { CUP } \end{aligned}$ | STEP 2 <br> Mix together the following: 1/4 Cup cheese sauce, diced chicken and 1/4 Cup thawed broccoli. <br> CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. |
| 004044 OIL,SOYBN,SALAD OR COOKING 993379 Pizza Sauce, Angela Mia \#38866. | $\begin{aligned} & \hline 1 \text { TSP } \\ & 1 / 2 \text { CUP } \end{aligned}$ | STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4 \mathrm{inch}$. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 6 oz. ladle to spread the cheese, chicken, and broccoli. mixture. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees F for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. <br> Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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| Calories | 590 |  | Iron | 6.33 | Mg | Protein | 30.01 | G | 20.36\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 51 | Mg | Calcium | 122 | Mg | Carbohydrates | 81.72 | G | 55.43\% | Calories from Carb |
| Sodium | 1624 |  | Vitamin A | 3096 | IU | Total Fat | 15.75 | G | 24.04\% | Calories from T Fat |
| Dietary Fiber | 7.90 | G | Vitamin C | 37.3 | Mg | Saturated Fat | 4.77 | G | 7.27\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

## 990345 - Turkey \& Cheese Hot Pocket

Source: P-90D
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating <br> 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993609 Cheese sauce, Gehl's low fat cheddar. 993617 TURKEY ROAST,FROZEN,LT\&DK MEAT,ROAS | 1 (2 fluid ounces) <br> 3 OZ, raw wgt | STEP 2 <br> Mix together the following: $1 / 4$ Cup cheese sauce and 3 oz diced turkey. |
| 004044 OIL,SOYBN,SALAD OR COOKING 993379 Pizza Sauce, Angela Mia \#38866. | $\begin{aligned} & \hline 1 \text { TSP } \\ & 1 / 2 \text { CUP } \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 4 oz . spoodle to spread the cheese sauce and turkey. Using your fingert ip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for $12-15$ minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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| Calories | 565 |  | Iron | 6.30 | Mg | Protein | 25.39 | G | 17.98\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 32 | Mg | Calcium | 95 | Mg | Carbohydrates | 81.69 | G | 57.85\% | Calories from Carb |
| Sodium | 1974 | Mg | Vitamin A | 2664 | IU | Total Fat | 14.77 | G | 23.54\% | Calories from T Fat |
| Dietary Fiber | 6.73 | G | Vitamin C | 15.3 | Mg | Saturated Fat | 4.70 | G | 7.49\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

## Chartwells School Dining Services

## 990342 - Sloppy Joe Hot Pocket

Source: P-90E
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.75 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993616 Beef, Sloppy Joe meat, fully cooked. 990121 CHEESE,CHEDDAR,AMERICAN. | $\begin{aligned} & 1 \text { Serving (3 3/4 oz) } \\ & 1 \mathrm{OZ} \end{aligned}$ | STEP 2 <br> Mix together the following: sloppy joe meat filling (HE: 120), and 1 oz cheddar cheese. |
| 004044 OIL,SOYBN,SALAD OR COOKING 993379 Pizza Sauce, Angela Mia \#38866. | $\begin{aligned} & \hline 1 \text { TSP } \\ & 1 / 2 \text { CUP } \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a \#1 2 scoop spread the sloppy joe meat (Recipe BC/HE-370), and cheese mixture. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. <br> Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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| Calories | 766 |  | Iron | 6.52 | Mg | Protein | 36.65 | G | 19.14\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 85 | Mg | Calcium | 256 | Mg | Carbohydrates | 80.17 | G | 41.87\% | Calories from Carb |
| Sodium | 1728 | Mg | Vitamin A | 1655 | IU | Total Fat | 31.69 | G | 37.24\% | Calories from T Fat |
| Dietary Fiber | 6.72 | G | Vitamin C | 18.3 | Mg | Saturated Fat | 15.04 | G | 17.67\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

Chartwells School Dining Services

990336 - Chicken Pot Pie Hot Pocket
Source: P-90F
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 2 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 000193 Gravy, LeGout Chicken Gravy 005360 CHICK,DICED,CKD,FROZEN-COMMOD. 011581 VEGETABLES,MXD,CND,DRND SOL. | $\begin{aligned} & 1 \text { (1/4 cup prepare) } \\ & 2 \mathrm{OZ} \\ & 1 / 2 \text { CUP } \end{aligned}$ | STEP 2 <br> Mix together the following: 1/4 Cup gravy, diced chicken and 1/2 Cup mixed vegetables. <br> CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. |
| 004044 OIL,SOYBN,SALAD OR COOKING. <br> 000193 Gravy, LeGout Chicken Gravy. | 1 TSP <br> 1 (1/4 cup prepare) | STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4 \mathrm{inch}$. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use an 8 oz. ladle to spread the gravy, chicken, and vegetable mixture. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Bake until crust turns golden brown and filling has heated to 145 degrees F for 15 seconds. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees F for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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| Calories | 579 |  | Iron | 5.43 | Mg | Protein | 30.02 | G | 20.73\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 51 | Mg | Calcium | 62 | Mg | Carbohydrates | 77.35 | G | 53.42\% | Calories from Carb |
| Sodium | 1213 | Mg | Vitamin A | 9524 | IU | Total Fat | 14.83 | G | 23.04\% | Calories from T Fat |
| Dietary Fiber | 6.16 | G | Vitamin C | 9.8 | Mg | Saturated Fat | 4.29 | G | 6.66\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

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990339 - Meatball Parmesan Hot Pocket
Source: P-90G
Number of Portions: 1
Size of Portion: 1 Each
Meat/Alt 2.5 oz.
Grain/Bread 5 SRV.
F/VIJ 0.75 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating <br> 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993610 Pizza Sauce, Angela Mia \#38866. 990591 FC BeefCharbroilMeatballsw/VPP,Advance\#17-50 990124 CHEESE,MOZZARELLA,PART SKIM. | $\begin{aligned} & \text { 1/4 CUP } \\ & 2 \mathrm{OZ} \\ & 1 \mathrm{OZ} \end{aligned}$ | STEP 2 <br> Mix together the following: 1/4 Cup pizza sauce, 2 oz meat balls (chopped; Check CN lable to assure meat/meat alternate contribution) and 1 oz . mozzarella cheese. <br> CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. |
| 004044 OIL,SOYBN,SALAD OR COOKING. 993379 Pizza Sauce, Angela Mia \#38866. | $\begin{aligned} & \hline 1 \text { TSP } \\ & 1 / 2 \text { CUP } \end{aligned}$ | STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 2 oz. ladle to spread the tomato, cheese, and meatball mixture. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. <br> Conventional Oven-450 degrees $F$ for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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| Calories | 670 |  | Iron | 7.20 | Mg | Protein | 30.26 | G | 18.06\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 83 | Mg | Calcium | 281 | Mg | Carbohydrates | 80.28 | G | 47.91\% | Calories from Carb |
| Sodium | 1557 | Mg | Vitamin A | 819 | IU | Total Fat | 26.19 | G | 35.17\% | Calories from T Fat |
| Dietary Fiber | 7.69 | G | Vitamin C | 20.9 | Mg | Saturated Fat | 9.58 | G | 12.87\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

Chartwells School Dining Services

## 990333-Cheese Finger Hot Pocket

Source: P-90H
Number of Portions: 1
Size of Portion: 1 Each
Alternate Menu Name:

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 001028 CHEESE,MOZZARELLA,PART SKIM MILK........... 001032 CHEESE,PARMESAN,GRATED. | $\begin{aligned} & 3 \mathrm{OZ} \\ & 1 \mathrm{TBSP} \end{aligned}$ | STEP 2 <br> Assemble and organize mozzarella and parmesan cheese for the filling. |
| 004044 OIL,SOYBN,SALAD OR COOKING..................... | 1 TSP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4 \mathrm{inch}$. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Spread 3 oz. mozzarella cheese within 1 -inch of the edge. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees F for $7-10$ minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Heat to 145 degrees $F$ for 15 seconds. |

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## 990332 - Buffalo Chicken Hot Pocket

Source: P-90I
Number of Portions: 1
Size of Portion: 1 Each

| 000154 vegetable cooking spray. 993608 Pizza crust, Schwan's Proof Perfect 7" sheete. | 1 light coating 1 (1 crust) | SSTEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993612 HOT PEPPER SAUCE. 004539 SALAD DRSNG,BLUE OR ROQUEFORT CHS D 005360 CHICK,DICED,CKD,FROZEN-COMMOD.............. 001028 CHEESE,MOZZARELLA,PART SKIM MILK. 993613 CELERY,FRESH,RAW. | $\begin{aligned} & 2 \mathrm{OZ} \\ & 1 / 2 \mathrm{OZ} \\ & 2 \mathrm{OZ} \\ & 1 \mathrm{OZ} \\ & 1 / 4 \mathrm{CUP}, \text { diced } \end{aligned}$ | STEP 2 <br> Mix together the following: 2 oz hot sauce, $1 / 2$ oz bleu cheese dressing, 2 oz diced chicken, 1 oz mozzarella cheese, and 1/4 cup diced celery. <br> CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. |
| 004044 OIL,SOYBN,SALAD OR COOKING. | 1 TSP | STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 2 oz. ladle to spread the cheese, chicken, celery, and dressing mixture. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. <br> Adjust time and temperature as needed. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. <br> Conventional Oven- 450 degrees $F$ for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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990337-Chicken \& Cheese Quesadilla Ho
Source: P-90J
Number of Portions: 1
Size of Portion: 1 Each
Alternate Menu Name:

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.75 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating <br> 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993611 SALSA,COMMODITY <br> 005360 CHICK,DICED,CKD,FROZEN-COMMOD. <br> 001028 CHEESE,MOZZARELLA,PART SKIM MILK. | $\begin{aligned} & \hline 1 / 4 \mathrm{CUP} \\ & 2 \mathrm{OZ} \\ & 1 \mathrm{OZ} \end{aligned}$ | STEP 2 <br> Mix together the following: 2 oz salsa, 2 oz diced chicken and 1 oz mozzarella cheese. <br> CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. |
| 004044 OIL,SOYBN,SALAD OR COOKING. 993611 SALSA,COMMODITY. | 1 TSP <br> 1/2 CUP | STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4 \mathrm{inch}$. Pull edges of dough to make a recta ngle Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 6 oz. ladle | to spread the cheese, chicken, and salsa mixture. Using your fing ertip moisten the edges of the dough slightly with water.

C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed.
D. Transfer the filled dough to a parchment lined sheet pan.
E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape.
F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below).

## STEP 4

Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed.

Convection Oven- 375 degrees $F$ for 7-10 minutes.
Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes.
Conventional Oven- 450 degrees F for 12-15 minutes.
CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds.

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| Calories | 623 |  | Iron | 8.44 | Mg | Protein | 35.34 | G | 22.71\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 69 | Mg | Calcium | 282 | Mg | Carbohydrates | 74.50 | G | 47.87\% | Calories from Carb |
| Sodium | 1378 | Mg | Vitamin A | 1104 | IU | Total Fat | 18.48 | G | 26.72\% | Calories from T Fat |
| Dietary Fiber | 6.10 | G | Vitamin C | 12.6 | Mg | Saturated Fat | 7.15 | G | 10.33\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

990330 - Barbecue Chicken Hot Pocket
Source: P-90K
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating <br> 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 006150 SAUCE,BARBECUE SAUCE. 005360 CHICK,DICED,CKD,FROZEN-COMMOD. | $\begin{aligned} & 1 / 4 \mathrm{CUP} \\ & 3 \mathrm{OZ} \end{aligned}$ | STEP 2 <br> Mix together the following: $1 / 4$ cup barbecue sauce and 3 oz diced chicken. |
| 004044 OIL,SOYBN,SALAD OR COOKING. 993379 Pizza Sauce, Angela Mia \#38866. | $\begin{aligned} & 1 \text { TSP } \\ & 1 / 2 \text { CUP } \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 4 oz . spoodle to spread the barbecue sauce and chichen mixture. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. <br> Conventional Oven-450 degrees $F$ for 12-15 minutes. |

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| Calories | 630 |  | Iron | 6.92 | Mg | Protein | 37.20 | G | 23.62\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 76 | Mg | Calcium | 56 | Mg | Carbohydrates | 79.81 | G | 50.67\% | Calories from Carb |
| Sodium | 1505 | Mg | Vitamin A | 460 | IU | Total Fat | 16.92 | G | 24.17\% | Calories from T Fat |
| Dietary Fiber | 6.47 | G | Vitamin C | 19.7 | Mg | Saturated Fat | 5.01 | G | 7.16\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

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## 990341 - Sausage \& Peppers Hot Pocket

Source: P-90L
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.75 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. $\qquad$ 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... | 1 light coating <br> 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993615 Sausage, crumble topping. 011333 PEPPERS,SWEET,GREEN,RAW. | 3 OZ, cooked wgt 1/4 CUP, sliced | STEP 2 <br> Mix together the following: 1/4 cup sliced green peppers and 3 oz cooked sausage. |
| 004044 OIL,SOYBN,SALAD OR COOKING 993379 Pizza Sauce, Angela Mia \#38866. | 1 TSP <br> 1/2 CUP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 3 To make each HOT POCKET: |

A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking
B. Place a prepared rectangle of dough in front of you. Use a 2 oz. ladle to spread the sausage and green peppers mixture. Using your finge rtip moisten the edges of the dough slightly with water.
C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed.
D. Transfer the filled dough to a parchment lined sheet pan.
E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape.
F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below).

## STEP 4

Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed.

Convection Oven- 375 degrees F for 7-10 minutes.
Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes.
Conventional Oven- 450 degrees $F$ for 12-15 minutes.
CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds.

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| Calories | 601 |  | Iron | 7.09 | Mg | Protein | 32.89 | G | 21.89\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 47 | Mg | Calcium | 105 | Mg | Carbohydrates | 75.89 | G | 50.51\% | Calories from Carb |
| Sodium | 1287 | Mg | Vitamin A | 545 | IU | Total Fat | 17.96 | G | 26.89\% | Calories from T Fat |
| Dietary Fiber | 9.07 | G | Vitamin C | 34.7 | Mg | Saturated Fat | 6.09 | G | 9.12\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |  |  |  |

990340 - Roast Beef \& Cheese Hot Pocket
Source: P-90M
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. 993608 Pizza crust, Schwan's Proof Perfect 7" sheete............................... | 1 light coating 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993609 Cheese sauce, Gehl's low fat cheddar.................... 000181 Roast beef, deli style, extra lean. | $\begin{aligned} & 1 \text { (2 fluid ounces) } \\ & 3 \mathrm{OZ} \end{aligned}$ | STEP 2 <br> Assemble and organize cheese sauce and sliced roast beef for the filling. <br> CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. |
| 004044 OIL,SOYBN,SALAD OR COOKING....................... 993379 Pizza Sauce, Angela Mia \#38866. | $\begin{aligned} & 1 \text { TSP } \\ & 1 / 2 \mathrm{CUP} \end{aligned}$ | STEP 3 To make each HOT POCKET: <br> A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4 \mathrm{inch}$. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Use a 2 oz. ladle to spread $1 / 4$ cup cheese sauce in the center of the dough horizontal ly within 1 -inch of the edge. Top the cheese with 3 oz . thinly sliced roast beef. Using your fingertip moisten the edges of the dough slightly with water. <br> C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. <br> E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape. <br> F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Adjust time and tempe rature as needed. <br> Convection Oven- 375 degrees F for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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| Calories | 577 |  | Iron | 7.48 | Mg | Protein | 27.60 | G | 19.14\% | Calories from Prot |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cholesterol | 19 | Mg | Calcium | 92 | Mg | Carbohydrates | 81.35 | G | 56.41\% | Calories from Carb |
| Sodium | 2016 | Mg | Vitamin A | 2664 | IU | Total Fat | 15.81 | G | 24.66\% | Calories from T Fat |
| Dietary Fiber | 6.73 | G | Vitamin C | 15.3 | Mg | Saturated Fat | 5.06 | G | 7.89\% | Calories from S Fat |

## Chartwells School Dining Services

990331 - Bean \& Cheese Burrito Hot Pock
Source: P-90N
Number of Portions: 1
Size of Portion: 1 Each
Alternate Menu Name:

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.75 Cup
Milk 0 FLOZ

| 000154 vegetable cooking spray. 993608 Pizza crust, Schwan's Proof Perfect 7" sheete. | 1 light coating 1 (1 crust) | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed lightly with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993611 SALSA,COMMODITY. | 1/4 CUP | STEP 2 |
| 016328 BEANS,KIDNEY,ALL TYPES,MATURE SEEDS,C | 1/2 CUP | Mix together the following: 1/4 Cup salsa, 1/2 cup kidney beans (mashed), |
| 990121 CHEESE,CHEDDAR,AMERICAN........................ | 1 OZ | 1 oz cheddar cheese, and Mexican seasoning. |
| 050152 Mexican Seasoning Mix... | 1/4 TSP | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. |
| 004044 OIL,SOYBN,SALAD OR COOKING. | 1 TSP | STEP 3 To make each HOT POCKET: |
|  |  | A. Take a pizza dough and place it on the work surface. With heal of your hand flatten dough to $1 / 4$ inch. Pull edges of dough to make a recta ngle. Keep moving dough so it does not stick to the surface. Prepare all of the dough in this manner; place on parchment paper in one layer to prevent sticking. |

B. Place a prepared rectangle of dough in front of you. Use a 6 oz. ladle to spread the salsa, kidney beans and cheese mixture. Using your fingertip moisten the edges of the dough slightly with water.
C. Taking the top edge, fold it over the filling and bring it to the end. With your fingers seal the dough well along the three ends. The filled dough should be in the shape of a tube, sealed on either end. Make sure that all seams are well sealed so no filling escapes. A small amount of water can be used to help seal the dough together, if needed.
D. Transfer the filled dough to a parchment lined sheet pan.
E. With a sharp knife or a clean scissor, put a small slit in the top of the dough to allow air to escape.
F. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below).

## STEP 4

Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature as needed.
Convection Oven- 375 degrees $F$ for 7-10 minutes.
Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes
Conventional Oven- 450 degrees $F$ for 12-15 minutes.
CCP: Cook to at least $145^{\circ} \mathrm{F}$ or higher for at least 15 seconds.

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## 990361 - Italian Stromboli

Source: P-95
Number of Portions: 1
Size of Portion: 1 Each
Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray | $\begin{aligned} & 1 \text { (1 crust) } \\ & 1 \text { light coating } \end{aligned}$ | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with vegetable cooking spray. |
| :---: | :---: | :---: |
| 360901 HAM,CKD,FROZEN,95\% FAT FREE-COMMODIT 007069 SALAMI,CKD,BF\&PORK. 001028 CHEESE,MOZZARELLA,PART SKIM MILK. 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & 1 \mathrm{OZ} \\ & 1 \mathrm{OZ} \\ & 1 \mathrm{OZ} \\ & 1 \mathrm{TSP} \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> To speed preparation, assemble into packages all of the ingredients for the filling: 1 oz . sliced ham, 1 oz . sliced salami, and 1 oz . sliced mozzarella cheese. <br> STEP 3 To make each STROMBOLI: <br> A. Take a pizza dough \& place it on a work surface. Use the heal of your hand to flatten the dough to $1 / 4$ inch. Pull the edges of the dough to make a rectangle shape. Keep moving the dough so that it does not stick to the surface. Prepare all of the dough in this manner; pla ce on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Place the assembled package of filling in the center from one edge to the ne xt horizontally. <br> C. Taking the top edge, fold it over the filling and tuck it under the filling. Fold the dough over once more so that the seam is on the bottom. The filled dough should be in the shape of a tube, open on either end. With the back of your hand press down gently to seal the dough. A little water can be used to help seal the edges of the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. Place all doughs seam side down. <br> E. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees $F$ for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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## 990362 - Meatlover's Stromboli

Source: P-95A
Number of Portions: 1
Meat/Alt 3 oz.
Size of Portion: 1 Each
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray | $\begin{aligned} & 1 \text { (1 crust) } \\ & 1 \text { light coating } \end{aligned}$ | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993630 Sausage, crumble topping. <br> 007057 PEPPERONI,PORK,BEEF. <br> 001028 CHEESE,MOZZARELLA,PART SKIM MILK <br> 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & 1 \mathrm{OZ}, \text { cooked wgt } \\ & 1 / 2 \mathrm{OZ} \\ & 1 / 2 \mathrm{OZ} \\ & 1 \mathrm{TSP} \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> To speed preparation, assemble into packages all of the ingredients for the filling: 1 oz. pork sausage, 1 oz meatball (Check CN label for me at/meat alternate contribution), $1 / 2 \mathrm{oz}$.sliced pepperoni and $1 / 2 \mathrm{oz}$ mozzarella cheese. <br> STEP 3 To make each STROMBOLI: <br> A. Take a pizza dough \& place it on a work surface. Use the heal of your hand to flatten the dough to $1 / 4$ inch. Pull the edges of the dough to make a rectangle shape. Keep moving the dough so that it does not stick to the surface. Prepare all of the dough in this manner; pla ce on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Place the assembled package of filling in the center from one edge to the ne xt horizontally. <br> C. Taking the top edge, fold it over the filling and tuck it under the filling. Fold the dough over once more so that the seam is on the bottom. The filled dough should be in the shape of a tube, open on either end. With the back of your hand press down gently to seal the dough. A little water can be used to help seal the edges of the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. Place all doughs seam side down. <br> E. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees $F$ for 7-10 minutes. <br> Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven- 450 degrees $F$ for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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## 990363 - Pepperoni Bread

Source: P-95B
Number of Portions: 1
Size of Portion: 1 Each
Meat/Alt 3 oz
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray | 1 (1 crust) 1 light coating | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with vegetable cooking spray. |
| :---: | :---: | :---: |
| 007057 PEPPERONI,PORK,BEEF 001035 CHEESE,PROVOLONE 001028 CHEESE,MOZZARELLA,PART SKIM MILK 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & 1 \mathrm{OZ} \\ & 1 \mathrm{OZ} \\ & 1 \mathrm{OZ} \\ & 1 \mathrm{TSP} \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> To speed preparation, assemble into packages all of the ingredients for the filling: 1 oz . sliced pepperoni, 1 oz mozzarella cheese and 1 oz provolone cheese. <br> STEP 3 To make each STROMBOLI: <br> A. Take a pizza dough \& place it on a work surface. Use the heal of your hand to flatten the dough to $1 / 4 \mathrm{inch}$. Pull the edges of the dough to make a rectangle shape. Keep moving the dough so that it does not stick to the surface. Prepare all of the dough in this manner; pla ce on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Place the assembled package of filling in the center from one edge to the ne xt horizontally. <br> C. Taking the top edge, fold it over the filling and tuck it under the filling. Fold the dough over once more so that the seam is on the bottom. T he filled dough should be in the shape of a tube, open on either end. With the back of your hand press down gently to seal the dough. A little water can be used to help seal the edges of the dough together, if neede d. <br> D. Transfer the filled dough to a parchment lined sheet pan. Place all doughs seam side down. <br> E. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Bake until crust turns golden brown and filling is heated to 145 d egrees F. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees F for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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## 990364 - Sausage \& Cheese Stromboli

Source: P-95C
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray. | 1 (1 crust) <br> 1 light coating | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with vegetable cooking spray. |
| :---: | :---: | :---: |
| 993630 Sausage, crumble topping. 001028 CHEESE,MOZZARELLA,PART SKIM MILK........... 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & 1 \mathrm{OZ}, \text { cooked wgt } \\ & 2 \mathrm{OZ} \\ & 1 \mathrm{TSP} \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> To speed preparation, assemble into packages all of the ingredients for the filling: 1 oz . pork sausage and 2 oz mozzarella cheese. <br> STEP 3 To make each STROMBOLI: <br> A. Take a pizza dough \& place it on a work surface. Use the heal of your hand to flatten the dough to $1 / 4 \mathrm{inch}$. Pull the edges of the dough to make a rectangle shape. Keep moving the dough so that it does not stick to the surface. Prepare all of the dough in this manner; pla ce on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Place the assembled package of filling in the center from one edge to the ne xt horizontally. <br> C. Taking the top edge, fold it over the filling and tuck it under the filling. Fold the dough over once more so that the seam is on the bottom. The filled dough should be in the shape of a tube, open on either end. With the back of your hand press down gently to seal the dough. A litt le water can be used to help seal the edges of the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. Place all doughs seam side down. <br> E. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Bake until crust turns golden brown and filling is heated to 145 d egrees F. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees F for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. <br> CCP: Cook to at least $165^{\circ} \mathrm{F}$ or higher for at least 15 seconds. |

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## Chartwells School Dining Services

## 990360 - Ham \& Cheese Stromboli

Source: P-95D
Number of Portions: 1
Size of Portion: 1 Each

Meat/Alt 3 oz
Grain/Bread 5 SRV
F/V/J 0.5 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray. | 1 (1 crust) 1 light coating | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with vegetable cooking spray. |
| :---: | :---: | :---: |
| 360901 HAM,CKD,FROZEN,95\% FAT FREE-COMMODIT 001028 CHEESE,MOZZARELLA,PART SKIM MILK. 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & 11 / 2 \mathrm{OZ} \\ & 1 \mathrm{I} / 2 \mathrm{OZ} \\ & 1 \mathrm{TSP} \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> To speed preparation, assemble into packages all of the ingredients for the filling: 2 oz . deli ham, and $11 / 2 \mathrm{oz}$ mozzarella cheese. <br> STEP 3 To make each STROMBOLI: <br> A. Take a pizza dough \& place it on a work surface. Use the heal of your hand to flatten the dough to $1 / 4 \mathrm{inch}$. Pull the edges of the dough to make a rectangle shape. Keep moving the dough so that it does not stick to the surface. Prepare all of the dough in this manner; pla ce on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Place the assembled package of filling in the center from one edge to the ne xt horizontally. <br> C. Taking the top edge, fold it over the filling and tuck it under the filling. Fold the dough over once more so that the seam is on the bottom. The filled dough should be in the shape of a tube, open on either end. With the back of your hand press down gently to seal the dough. A little water can be used to help seal the edges of the dough together, if neede d. <br> D. Transfer the filled dough to a parchment lined sheet pan. Place all doughs seam side down. <br> E. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees F for 7-10 minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven-450 degrees F for 12-15 minutes. |

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Meat/Alt 3 oz.
Grain/Bread 5 SRV.
F/V/J 0.5 Cup
Milk 0 FLOZ

| 993608 Pizza crust, Schwan's Proof Perfect 7" sheete....... 000154 vegetable cooking spray. | $\begin{aligned} & 1 \text { (1 crust) } \\ & 1 \text { light coating } \end{aligned}$ | STEP 1 <br> Remove pizza shells from the freezer, place on sheet pans sprayed with vegetable cooking spray. |
| :---: | :---: | :---: |
| 001028 CHEESE,MOZZARELLA,PART SKIM MILK........... 004044 OIL,SOYBN,SALAD OR COOKING. | $\begin{aligned} & 3 \mathrm{OZ} \\ & 1 \text { TSP } \end{aligned}$ | CCP: To avoid bare handed contact, use single-use gloves when preparing ready-to-eat foods. <br> STEP 2 <br> To speed preparation, assemble into packages all of the ingredients for the filling: 3 oz mozzarella cheese. <br> STEP 3 To make each STROMBOLI: <br> A. Take a pizza dough \& place it on a work surface. Use the heal of your hand to flatten the dough to $1 / 4$ inch. Pull the edges of the dough to make a rectangle shape. Keep moving the dough so that it does not stick to the surface. Prepare all of the dough in this manner; pla ce on parchment paper in one layer to prevent sticking. <br> B. Place a prepared rectangle of dough in front of you. Place the assembled package of filling in the center from one edge to the ne xt horizontally. <br> C. Taking the top edge, fold it over the filling and tuck it under the filling. Fold the dough over once more so that the seam is on the bottom. The filled dough should be in the shape of a tube, open on either end. With the back of your hand press down gently to seal the dough. A little water can be used to help seal the edges of the dough together, if needed. <br> D. Transfer the filled dough to a parchment lined sheet pan. Place all doughs seam side down. <br> E. Brush or spray the top of the dough lightly with seasoned oil (see subrecipe below). <br> STEP 4 <br> Bake: Use guidelines below. Bake by sight. Check first at 5 minu tes. Adjust time and temperature accordingly. <br> Convection Oven- 375 degrees F for $7-10$ minutes. Conveyor (Impinger) Oven- 500 degrees for 12-15 minutes. Conventional Oven- 450 degrees $F$ for 12-15 minutes. <br> CCP: Heat to 145 degrees $F$ for 15 seconds. |

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| 993610 Pizza Sauce, Angela Mia \#38866.................. |  | 1/2 CUP |  | STEP 5 <br> Serve each stromboli immediately with $1 / 2$ cup heated pizza sauce on the side for dipping. <br> CCP: If not immediately served, hold for hot service to at least $140^{\circ} \mathrm{F}$ or higher. |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Subrecipe for Seasoned Oil: <br> (makes 2 cups- enough for 96 strombolis): <br> Method: Put all ingredients in a mixing bowl. Whisk thoroughly to combine. Pour into a labeled squeeze bottle or keep in a covered labeled container. |  |  |  |
| Calories 638 | Iron | 5.51 Mg | Protein | 32.23 | G | 20.22\% | Calories from Prot |
| Cholesterol 54 Mg | Calcium | 697 Mg | Carbohydrates | 74.16 | G | 46.52\% | Calories from Carb |
| Sodium 1449 Mg | Vitamin A | 810 IU | Total Fat | 22.83 | G | 32.23\% | Calories from T Fat |
| Dietary Fiber 5.72 G | Vitamin C | 15.3 Mg | Saturated Fat | 11.66 | G | 16.45\% | Calories from S Fat |
| * - Denotes Missing Nutrient Values |  |  |  |  |  |  |  |

