



## MEDIA RELEASE

### FOR IMMEDIATE RELEASE



**Rumson, NJ-** On Monday, October 9, 2023, Rumson's Department of Student Services conducted a comprehensive training session on crisis prevention. Led by Dr. Michael Snyder, Director of Student Services, and Joe Chiarello, a certified crisis prevention instructor, the training aimed to equip educators with the necessary tools and knowledge to identify and address potential crises in the educational setting. The training highlighted the seriousness of crisis prevention, emphasizing the importance of proactive measures to maintain a safe and secure learning environment for students. One of the key focuses of the training was on safety interventions and disengagement techniques for escalating risk behaviors. Rumson staff members were taught how to identify potential triggers and how to effectively

intervene to ensure the safety and well-being of both students and staff.

In addition to safety interventions, the training also explored limit-setting strategies when verbally intervening to de-escalate student behaviors. Dr. Snyder stated, “our staff was provided with techniques to establish clear boundaries and expectations, while still maintaining a supportive and empathetic approach. By implementing these strategies, we can effectively intervene in challenging situations and prevent escalation, fostering a more positive and inclusive learning environment for all students.”

Dr. Snyder further commented, “another important aspect of trauma-sensitive schools is recognizing opportunities for post-crisis learning. During the training, our staff were given the tools to support students in processing and learning from challenging experiences. By providing a safe space for reflection and discussion, we can help our students develop resilience and coping skills, ultimately aiding in the intervention process.”

The training also delved into the effects of trauma and the potential impact it has on students' academic and social-emotional development. Staff members were educated on the importance of understanding trauma and its potential manifestations, such as behavioral issues or social-emotional difficulties. Armed with this knowledge, educators can approach students with compassion and tailor their teaching methods to accommodate their individual needs, ultimately fostering a more inclusive and supportive learning environment. The training equips Rumson's teachers and support staff with the skills and information needed to create trauma-sensitive schools where the well-being and success of every student is prioritized.