

CAFETERIA MENU

for MARCH 2025

Deane-Porter \$5.45 Forrestdale \$5.95

HOT ENTREE LUNCH, DELI DU JOUR LUNCH OR BAGEL LUNCH AVAILABLE DAILY
ALL LUNCHES COME WITH FRESH FRUIT, VEGETABLE, SIDE SALAD, ORGANIC MILK OR WATER

Gourmet Sandwiches and Salads of the Week \$6.25
Yogurt Parfait with Fresh Fruit \$4.25
Homemade Soup Tuesday, Wednesday and Thursday

MONDAY

Deli Du Jour
Turkey

TUESDAY

Deli Du Jour
Ham and Cheese

WEDNESDAY

Deli Du Jour
Chicken Salad

THURSDAY

Deli Du Jour
Turkey and Cheese

FRIDAY

Deli Du Jour
Tuna Sala

3
NAE Chicken Nuggets
Fresh Fruit
Fresh Veggie
Organic Milk or Water

4
French Toast Sticks
Hashbrown,
Sausage
Fresh Fruit
Organic Milk or Water
**Chicken Noodle
Soup**

5
NAE Crispy Chicken
Sandwich
Sweet Potato
Wedges
Fresh Fruit
Organic Milk or Water
**Irish Colcannon
Soup**

6
Pasta with Grass Fed
Beef Meatballs
Fresh Fruit, Fresh
Veggie
Organic Milk or Water
**Creamy Ham and
Potato Soup**

7
Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or Water

10
Italian Grilled Cheese
with Organic
Marinara
Fresh Fruit, Fresh
Veggie
Organic Milk or Water

11
Grass Fed Beef
Hot Dogs
Baked Beans
Organic Milk or Water
**Italian Chicken
Noodle Soup**

12
Carnitas Soft Taco
Rice and Beans
lettuce, salsa, sour cream
Fresh Fruit
Organic Milk or Water
**White Bean and
Kale Soup**

13
Pasta with Organic
Marinara
Mozzarella Sticks
Fresh Veggie, Fruit
Organic Milk or Water
**Cream of Celery
Soup**

14
Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or Water

17
NAE Buttermilk
Chicken Tenders
Mashed Potatoes
Fresh Fruit
Organic Milk or Water

18
Waffle Sticks
Hashbrown,
Sausage
Fresh Fruit
Organic Milk or Water
Potato Leek Soup

19
Grass Fed Beef
Cheeseburgers
Crispy Oven Fries
Fresh Fruit
Organic Milk or Water
**Zucchini and
Watercress Soup**

20
Cheese Tortellini with
Organic Marinara
Fresh Veggies
Fresh Fruit
Organic Milk or Water
**Loaded Baked
Potato Soup**

21
Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or Water

24
Early Dismissal
Snacks Only at
Forrestdale

25
NAE Teriyaki Chicken
Scallion Rice
Steamed Broccoli
Fresh Fruit
Organic Milk or Water
**Chicken Ramen
Soup**

26
Grass Fed Beef
Nachos
lettuce, salsa, sour cream
Fresh Fruit
Organic Milk or Water
Mexican Lentil Soup

27
Pasta with Organic
Marinara
Fresh Veggie
Fresh Fruit
Organic Milk or Water
**Roasted Asparagus
Soup**

28
Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or Water

31
NAE Chicken
Nuggets
Fresh Veggies
Fresh Fruit
Organic Milk or Water

SIMPLIFIED CULINARY SERVICES

